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To place an article in this Newsletter, call Editors at (516) 292.3045 or eMail: newsletter@nassauny-aa(dot)org

November 2007

THANKSGIVING ALKATHON

STARTS WEDNESDAY, NOV. 21 AT 5 PM

ENDS THURSDAY, NOV. 22 AT 11 PM

LOCATION: NASSAU INTERGROUP, 361 HEMPSTEAD TURNPIKE
WEST HEMPSTEAD, NY 11552

(NOTE: PLEASE DO NOT BRING HOT FOOD)

CALENDAR OF EVENTS

All Meetings are held at the Intergroup Office unless otherwise noted

November			December		
Nov 1	7:30 pm	Intergroup Rep's Orientation	Dec 5	8:00 pm	Institutions Committee
	8:00 pm	Intergroup Rep's Meeting			Simpson Methodist Church
		Meeting List DeadLine			Locust and Sunset, Amityville
Nov 7	8:00 pm	Institutions Committee	Dec 6	7:30 pm	Intergroup Rep's Orientation
		Simpson Methodist Church		8:00 pm	Intergroup Rep's Meeting
		Locust and Sunset, Amityville	Dec 11	7:00 pm	PI/CPC Committee Meeting
Nov 13	7:00 pm	PI/CPC Committee Meeting	Dec 12	8:00 pm	Share-A-Day Committee
Nov 14	8:00 pm	Share-A-Day Committee	Dec 13	7:00 pm	Special Needs Committee
Nov 18	1:00 pm	Special Needs Committee	Dec 13		Early Newsletter DeadLine
Nov 21	7:30 pm	WebSite Committee	Dec 15	7:30 am	Speakers Exchange Mtg
Nov 21	11:00 pm	Thanksgiving Alkathon			Garden City Community Church
		runs all night/day till			Stewart Ave & Whitehall Blvd
Nov 22	11:00 pm	Alkathon ends	Dec 19	7:30 pm	WebSite Committee
Nov 22		Newsletter DeadLine	Dec 24	5:00 pm	Christmas Alkathon
Nov 29	7:30 pm	Steering committee			runs all night/day till
		Nassau GSRs will not meet in November	Dec 25	11:00 pm	Alkathon ends
			Dec 27	7:30 pm	Steering committee
			Dec 31	5:00 pm	New Year's Alkathon

WE LIST ONLY AA MEETINGS

MEETING CHANGES

Garden City: The Garden City Group meeting days and times are as follows: on Sun, Young People's Closed, Promises Closed, and Closed Discussion meet at 7:30pm; on Tue, Beginner's, Closed Discussion, and Women's Closed meet at 7:30pm, with Step at 8:30pm; on Fri, Beginner's, Big Book, and Closed Discussion meet at 7:30pm, and an Open Discussion (last Fri of month for anniversaries) is at 8:45pm. Garden City Community Church, Stewart Ave. at Whitehall Blvd. New start times are effective the 1st of Jan.

Glen Cove: The Saturday Nite Group has a new meeting room: the NS University Hospital conference room (off the cafeteria). Meeting days and times are unchanged.

Locust Valley: The Choices Group no longer meets at the Reformed Church of Locust Valley.

Locust Valley: Sound Sobriety Group now offers a Closed Discussion meeting only on Tue at 7:30pm. The 7:00pm Fri meeting is a Big Book/Step meeting; the 8:00pm Fri meeting is Open (Anniversary meeting on the last Fri of the month). St. John's, 331 Lattingtown Rd. 11560

Massapequa Park: The Lost Weekend Group now offers a 7:30pm Step meeting on Sun (instead of BB), with the last Sun a Traditions meeting. The Wed Closed Discussion meeting at 7:00pm is unchanged (last Wed, Open Anniversary). The Fri 7:30pm Big Book meeting is new. The Sat 10:00am Beginner's meeting is unchanged. (See Sobriety by the Page entry below.) Our Lady of Lourdes RC Church, 855 Carmans Rd (Rectory basement). 11762.

Massapequa Park: Sobriety by the Page Group is now part of The Lost Weekend Group and meets on Fri for a BB meeting. See above for details.

Merrick: Stepping Stones Group building is closed on holy days and holidays. Cure of Ars Church, 2323 Merrick Ave.

Oceanside: The New Young People's Meeting meets Thu at 7:30pm (Beginner's). 1st United Meth Ch, 2837 Davison St.

Rockville Centre: Big Book for Beginners Group has moved to St Agnes Rectory (basement), 29 Quealy Place, 1 block off N Village Ave.

Syosset: Syosset Midnight Group has changed its name to Syosset Friday Night Group, which now meets at 10:30pm (open discussion meetings; last 1 ½ hours max). In good weather, the group meets outside under the stars. St. Edward's Church, 205 Jackson Ave.

NEW MEETINGS

Manhasset: The 11th Step Meditation Group meets at 10:00am, Tuesdays. Children welcome. Shelter Rock Church, 626 Plandome Road. 11030.

Manhasset: The Searingtown Serenity Group meets at 7:30pm, Wednesdays. Step meeting. St. Ignatius Retreat House (lower floor, rear). Searingtown Rd. 11030.

PHONE VOLUNTEERS:

Anyone with 6 months sobriety,
who is interested in answering the phones,

CONTACT: the Office Coordinator:
(516) 292-3045

NIGHTBOOK

The Hotline is an opportunity for service. Every chance we get to do service is insurance on our sobriety. One Day at a Time! Keep the doors of AA open for our children and grandchildren -- "for that we are responsible".

Thanks to the following groups for taking the nightbook in October:

Baldwin - Sober Living Group
The Syosset Group
Great Neck - Big Book Group
Hicksville - Back to Basics group

Yours in Love and Service,
Nightbook Chair
nightbook@nassauny-aa(dot)org

From the Chair

Dear Friends:

November is gratitude month. Take some time to think about what you are truly grateful for. Gratitude comes easily when our lives are in order, when the bills are paid, the children are behaving, our health is good. But our challenges are what bring the chance for transformation. And it is during our deepest pain that we can be most grateful, because we know our hardship will deliver a lesson that refines our character.

As you practice gratitude this month, give thanks not only for what you have but also for what you have escaped. When difficulties arise, ask yourself, "What is the lesson for me in this?" And when you can give thanks in the midst of your trial, know that you are becoming your finest.

Gratitude is our most direct line to God. The more we seek gratitude, the more reasons God will give us for gratitude and joy to exist in our lives. Remind yourself how much you have to be thankful for.

Just for today, I owe the world an attitude of gratitude. Please join us for our annual Alkathon (details on the cover of this newsletter issue). Have a peaceful Thanksgiving Holiday!

HELP NEEDED: We are looking to fill two open commitments on our Steering committee: (1) **Intergroup Secretary**. This person would be responsible for taking, editing, and distributing minutes for all Nassau Intergroup Steering Committee and Representatives meetings (the first and last Thursday of every month). Also ensures copies of all minutes are placed in Archives. (2) **Chairperson of our Financial Review Committee**. This person officiates at regular meetings of the Finance Committee, works with the Finance Committee to audit the various business accounts, performs periodic inventories of literature supply, prepares the annual budget, and ensures that proper procedures are followed for all monetary transactions, so that all donations and expenses are recorded in a timely and consistent manner. If anyone is interested in either commitment, kindly contact me at (516) 292-3045 for further information.

Happy anniversary to our November celebrants.
Blessed to Serve,
Intergroup Chairperson
chair@nassauny-aa(dot)org

Traveling Out of Town?

Don't forget to contact local intergroups for meeting information. You can find a list of intergroups outside of Nassau County on the Nassau Intergroup website. Go to <http://www.nassauny-aa.org/> and click on Town Links. Scroll down that page to the following link: "To find a meeting outside of Nassau County: Other AA Service Bodies".

From the Treasurer: Use of Group Funds

Each group or service group makes its own decisions concerning how it spends its money. Hopefully these decisions are made in the light of Fellowship principles following informed discussion in the group's business meetings.

Most decisions are easy. A group needs to make provision for basic needs such as rent and supplies, including literature. Hopefully, there also will be support for the group's trusted servants, its officers, Intergroup Rep, and GSR. A prudent reserve follows. Funds accumulated beyond immediate need and a limited reserve are then usually passed along the service group chain to GSO, Intergroup, local area, county, and district General Service groups, apportioned as the group sees fit to demonstrate our connection to and support for the work of those service groups.

What about expenditures that do not fall comfortably into any of these categories? The question for instance is sometimes asked about using group money to support a group anniversary party, picnic, or similar event?

I suppose the answer for me at least in part goes to what expectations have we set up for the use of our funds when the basket is sent around? That would seem to generally be that we will use any contributions to support direct and indirect 12th Step work.

What about that group anniversary celebration? One might argue that the anniversary is indirect 12th Step activity in that it shows the newcomer that AA works. If we're not comfortable with that, we can pass a separate basket just for the anniversary. That way, anyone putting money in the basket knows exactly what he or she is supporting. Since we all draw the line on AA principles in action in different places, the point becomes to be up-front about what we are doing so individuals can decide where to throw their support.

In related matters, the members and groups in the county continue to generously support the work of Nassau Intergroup. Contributing members and groups should receive individual letters acknowledging each contribution. If you have contributed and have not received an acknowledgment, let me know. For groups at least, most likely the letters are going to the group's meeting place and are not being passed along there. Sometimes too I cannot distinguish between an individual or group contribution because of the way the check or accompanying note is written.

Hope this is helpful. Feel free to get back to me with any questions.

In service,
Treasurer
[treasurer@nassauny-aa\(dot\)org](mailto:treasurer@nassauny-aa(dot)org)

From Ed, the Literature Guy

We have a small selection of Large Print books for sale at Nassau Intergroup, including *The Big Book*, *The 12 & 12*, *Daily Reflections*, and a few others.

Nassau Intergroup does not take phone orders. Please have exact change when you purchase books; phone reps cannot make change. Books are for sale from 9am-4:30pm.

From the Newsletter Editor: Submissions; early deadline for Jan issue

Nassau Intergroup AA News is open to submissions from AA members on topics consistent with the AA Steps, Traditions, and Concepts. If you would like your article to be considered for publication, please email it to [newsletter@nassauny-aa\(dot\)org](mailto:newsletter@nassauny-aa(dot)org) or query first. Submissions also may be sent by regular mail to the Intergroup office at 361 Hempstead Turnpike, West Hempstead, NY 11552.

Please note the early deadline for the January 2008 issue. If you want to submit something for the January issue, you must send it in no later than Dec. 13.

Count Your Days... Minutes... Seconds

Visit *The Grapevine's* online calculator at: <http://www.aagrapevine.org/countyourdays.php>.

Of course, all we really have is today, which, by the way, is 24 hours (or 1,440 minutes, or just over 86,000 seconds).

AA's Young People's Video Project

AA is inviting members to submit digital videos that focus on the experience of getting sober between the ages of 12 and 25. For guidelines, visit: <http://aa.org/>

From the Special Needs Committee

The committee will now meet quarterly, on the second Thursday of March, June, September, and December. The new time is 7pm. If you want to get involved or have questions, call Intergroup and leave a message for the Special Needs Committee, with your name & phone number.

Literature Donations to Institution

If your group would like to contribute literature to an institution, please contact the Nassau Intergroup Institutions Chair at [institutions@nassauny-aa\(dot\)org](mailto:institutions@nassauny-aa(dot)org) or call Intergroup for assistance and to ensure that donations are coordinated.

4th Step Workshop: Saturday, Nov. 3

Where: The Baldwin Group
717 St. Luke's Place
Baldwin

Time: 9am-12pm

Presentation on how to do the 4th Step, through members' experience, strength, and hope.

Bring your Big Book, Step book, paper, and pencils.

Great for sponsees and sponsors!

General Service News

Important notice – the deadline date to return **Unity Breakfast** ticket money or unsold tickets has long passed (October 24th). Table arrangements start soon, and until we receive your group's ticket money, your group cannot be seated. Members who still have money or unsold tickets are asked to contact our UB Chair as soon as possible. There are still members on our waiting list, and in fairness to these members we would appreciate any unsold tickets being returned to him

A message for your group's General Service Rep (GSR), district's District Committee Member (DCM) and alternates – please consider taking the **Suffolk bus to the December assembly in Manhattan** with fellow NGSB members. Please call me, and I will add you to the bus list. Also, Suffolk General Service asks for a \$10.00 voluntary group or district (not personal) contribution per person to help offset expenses. If your group or district can help financially support your GSR or DCM during their two-year service commitment to attend service events, that would be fantastic. If not, we'll try to figure something out. The Suffolk bus picks up/drops off passengers from LIE Exit 49 Park & Ride near the North Side Service Road between Route 110 and Pinelawn Road. Departure times vary depending on the destination.

The **Northeast Regional Alcoholics Anonymous Service Assembly** (NERAASA) 2008 registration/hotel reservation is now out. It is hosted by Area 45, Southern NJ, at the Clarion Hotel, West Atlantic City, NJ, the weekend of February 22-24, 2008. NERAASA's purpose is for GSRs, DCMs, Area Officers and Committee Members, and Intergroups/Central Offices Reps of the Northeast Region to discuss General Service Conference-related issues and concerns affecting AA as a whole, as well as pertinent aspects of recovery, unity, and service common to the 18 areas of the Northeast Region. Interested in attending? Please visit our SENY website at: www.aaseny.org, or contact me for further details. Rooms go quickly, so don't be late. Make a date to attend! I do hope Nassau Intergroup will consider sending some members to participate in this event.

Together We Can,
DCMC Nassau,
[nassau@aaseny\(dot\)org](mailto:nassau@aaseny(dot)org)

Service Opportunities: Help a Homebound Alcoholic

Elderly Female Alcoholic in New Hyde Park needs rides to meetings.

Homebound Alcoholic: Any Female AA interested in bringing a meeting to a homebound female alcoholic in Hewlett.

Handicapped Alcoholic: A woman in a nursing home in Freeport, would appreciate calls, visits, or being taken to meetings.

Contact Special Needs Chairperson:
[specialneeds@nassauny-aa\(dot\)org](mailto:specialneeds@nassauny-aa(dot)org).

Joint Group Anniversary in East Meadow

East Meadow Group and the It Can Be Done Group

Joint group anniversary celebration

Date: Nov. 16

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Times:

Food at 7pm

Speaker at 8pm

Music from 9-11pm

Square Dance with Caller

Christ the King Episcopal Church
2408 5th St. (5th St. and DeWolfe Pl.)

East Meadow

Free Monthly Grapevine E-Newsletter

The AA Grapevine, the international journal of Alcoholics Anonymous, now offers a free monthly e-newsletter delivered to your email inbox.

The newsletter includes links to audio, bonus articles, the i-Say forum, cartoon caption contest, and more. Sign up at www.aagrapevine.org.

Kudos to Intergroup Treasurer

Heartfelt thanks to the Nassau Intergroup Treasurer. In his recent series of monthly newsletter articles, he encouraged Nassau groups to contact him with any questions regarding group financial matters.

Thanks to his expertise, patience, and guidance, our group's funds now adhere, in his words, "to open and transparent financial management practices subject to the will of the group as expressed in the group's conscience."

Treasurer
Instrument Group of Levittown
