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To place an article in this Newsletter, call Editors at (516) 292.3045 or eMail: newsletter@nassauny-aa(dot)org

**March 2009**

*Speaker Exchange*

**March 28<sup>th</sup> at 8:00am**

**Garden City Community Church**

**245 Stewart Avenue**

**Garden City, NY**

**\*\*Please Do Not come any earlier than 7:30 AM\*\*\***

CALENDAR OF EVENTS

*All Meetings are held at the Intergroup Office unless otherwise noted*

**March**

Mar 4	8:00 pm	Institutions Committee Simpson Methodist Church Locust & Sunset, Amityville
Mar 5	7:30 pm	Intergroup Rep's Orientation
	8:00 pm	Intergroup Rep's Meeting Garden City Community Church Stewart Ave & Whitehall Blvd
Mar 10	7:00 pm	PI/CPC Committee
Mar 11	8:00 pm	Share-A-Day Committee
Mar 12	7:00 pm	Special Needs Committee
Mar 18	7:30 pm	WebSite Committee
Mar 19		<b>Newsletter DeadLine</b>
Mar 26	7:30 pm	Steering Committee
Mar 28	7:30 am	<b>Speaker Exchange</b> Garden City Community Church Stewart Ave & Whitehall Blvd

**April**

Apr 1	8:00 pm	Institutions Committee Simpson Methodist Church Locust & Sunset, Amityville
Apr 2	7:30 pm	Intergroup Rep's Orientation
	8:00 pm	Intergroup Rep's Meeting Garden City Community Church Stewart Ave & Whitehall Blvd
Apr 14	7:00 pm	PI/CPC Committee
Apr 15	8:00 pm	Share-A-Day Committee
Apr 15	7:30 pm	WebSite Committee
Apr 20	7:00 pm	General Service Rep's Orientation
	7:30 pm	General Service Rep's Meeting
Apr 23		<b>Newsletter DeadLine</b>
Apr 25	8:00 am	<b>Share-A-Day</b> St Joseph's Church 1346 Broadway, Hewlett
Apr 30	7:30 pm	Steering Committee

# WE LIST ONLY AA MEETINGS

## MEETING CHANGES

**East Hills: Roslyn Group** has moved to the Roslyn Community Center, 53 Orchard St, Roslyn Heights 11577

**Freeport: The Freeport Group** has changed their name to Freeport 1 and their Tue 9:00 pm C, and Thu 7:30 S, 9:00 pm O, no longer meet. The Tue 7:30 pm B time now is 7:45 pm.

**Garden City: Garden City Group** Tue 8:45 S and Fri 8:45 O are changed to 6:15 start times. Last Fri they will have an 8:45 pm O

**Hicksville: First Things First** changed the Step meeting from the last Sun to the first Sun

**Hicksville: Levittown Group** has canceled the Thu 6:30 S and changed the time of the Thu O meeting from 8:00 pm to 7:30 pm

**Levittown: Instrument Group** has changed their Fri 7:00 S to a CD

**Long Beach: Big Book Study Group** Wed BB meeting is now an hour

**Long Beach: High Noon/West End** has changed the Thu 7:15 S to a BB/S, please BYOBB

**Merrick: Sobriety with Hope** now meets in room 210 for their Sun and Thu meeting

**Sea Cliff: Monday Nite Millennium Group** now meets in the elementary school

## New Meetings

**Albertson/Searington: Afternoon Discussion Group** has added an 11:00 am CD and a 12:15n B

**East Rockaway: Solution Group** now meets on Wed at 12:00n for a DC at the Hewlett/East Rockaway Jewish Cntr, 295 Main St

**Hicksville: The Way Out Group** now meets on Fri at 8:00 pm, St Stephen's Church

**Lynbrook: Young People BB Study** now meets on Tue at 7:30 pm, Congregation Beth David, 188 Vincent Ave

## DELETIONS

**Baldwin: Just Booze Group:** Mon 7:00 B meeting no longer meets

**North Woodmere: Steps by the Book:** no longer meets

## From the Chair

Dear Friends:

I hope all are well, and encountering less STRESS in their lives. Over the years, I have found that what helps me the most with my stress, is encountering other alcoholics at meetings. I find that I am able to overcome my fears by listening to others as they tell how they overcome their struggles without picking up a drink.

On Saturday April 25<sup>th</sup> we will once again have **SHARE-A-DAY** at St Joseph's Church, 1346 Broadway in Hewlett NY.

Thanks you to all who do service, especially John and Mike for getting up before dawn to register Intergroup for the Picnic on July 19th at Eisenhower Park – Field 6A.

KEEP UP with the STEPS.

Intergroup Chairperson  
chair@nassauny-aa(dot)org

**P.S. PLEASE PASS ON:** We need to have Exchange members "NOT SHOW UP" before the designated time.

We are experiencing neighborhood "Stress."

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## From the First Vice Chair

### NERAASA 2009

I attended this year's 18<sup>th</sup> Annual Northeast Regional AA Service Assembly (NERAASA) on behalf of Nassau Intergroup. NERAASA is a popular weekend service event for our region which includes the 18 AA service areas in the northeast corner of the US from Maine to Delaware to Pennsylvania. This year it was hosted by Area 28, Maine and New Brunswick. The program included panel presentations on topics related to this year's General Service Conference agenda, roundtable discussions, a report from our NE Regional Trustee, John K, opportunities for members to make comments and ask questions on information presented, a business meeting, and AA meetings. The seven panels in-

cluded topics on carrying the message, our literature, finance, the service structure, the future direction for the AA Service Manual, the AA directories and the final Conference Report, anonymity, Traditions, legalities/litigation, technology, and the Grapevine/La Viña among others.

The 22 Roundtable discussions provided a chance for members to meet and share with others interested in the same aspects of service work and included archives, officers, conventions, CPC, corrections, literature, intergroup, newsletters, PI, special needs, institutions and website among others. Saturday evening's AA speaker was Phyllis H, the new General Manger of our General Service Office (GSO). GSO seems to be in good hands. While this type of service-intensive weekend may not be for everyone, it's recommended to members interested in service beyond the home group. Next year's NER-AASA gathering will be hosted by Western NY in Niagara Falls. 2011 will be hosted locally by our own area, South Eastern NY (SENY, Area 49) in Tarrytown. I'll be providing a more detailed NERAASA report, available on request and probably also on our website on the "News and Info" page. Questions or comments are best directed to me at the phone number or e-mail address below rather than through the office.

In service,  
First Vice Chair  
1stvice@nassauny-aa(dot)org

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## **\*\*SERVICE OPPORTUNITIES\*\***

### **Night Book**

We are responsible...you know the old saying. That is why we cover the phone 24 hours a day, because we are responsible. That means the volunteers at Intergroup and the home groups. If your group hasn't covered the Hotline in a while give me a call and we'll get you a week.

Thanks to the following groups for February:

**Long Beach-  
Serenity by the Sea-AM & PM  
Merrick-Sobriety w/Hope  
Levittown-No Frills  
Long Beach-Early Risers**

Yours in love and service,  
NightBook Chair  
nightbook@nassauny-aa(dot)org

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### **Phone Volunteers**

If you have at least 6 months of sobriety and are interested in answering phones at Nassau Intergroup, please contact the office manager at (516) 292-3045

### **Share-A-Day 2009**

Share-A-Day needs a Certified Day Care person. If you know anyone qualified please share this info.

Love & Service,  
Share-A-Day Chair  
shareaday@nassauny-aa(dot)org

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## **FROM THE ARCHIVES:**

### **WANTED – ANNOUNCEMENTS/FLYERS**

Nassau Intergroup Archives needs your help to expand our collection and help preserve the history of AA in Nassau County. We need old Group Secretary minutes, calendars, memorabilia, anniversary announcements, Group Histories, anything AA relating to Nassau County. For instance:

Just about every group in Nassau County has passed out flyers for some event or another, like Group Anniversaries, meeting changes, new Groups forming or (it happens) disbanding. When your group prepares these flyers or notices, please try to send an extra copy to the Intergroup office, Attention Archives. These should be unfolded & without tape or staples, but we'll accept all items in all conditions. And if you, or your group or anyone you know has any old flyers or announcements, we'll love to have them even more.

Anything presented to the Archives will be sorted, catalogued and preserved for historical research, presentations in displays as educational tools, and most importantly, because people just want to KNOW what AA in Nassau was like, what happened, and where we are now.

Any item donated to Nassau County Inter-group becomes the property of Inter-group and can not be returned. Donation of an item does not guarantee retention/use, being dependent upon duplicity, condition, relevance, etc.

Any questions can be left at the office directed to Archives, or e-mailed to archives@nassauny-aa(dot)org.

Yours in sobriety,  
NIAA Archivist

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**Trad 3:** *Our membership ought to include all who suffer from alcoholism. Hence we may refuse none who wish to recover. Nor ought A.A. membership ever depend upon money or conformity. Any two or three alcoholics gathered together for sobriety may call themselves an A.A. Group, provided that, as a group, they have no other affiliation.*

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### General Service

Nassau General Service Meeting was a great success. Thanks to all those new GS-R's that attended and got the Delegate's Questionnaire to go over with their home groups. Thank you to our Area 49 Delegate (Richard) and Alt (Susan) for coming to Nassau County to go over the Questions. There is a SENY Committee Meeting on March 3, 7:30 PM at Holy Family Church 2158 Watson Ave. Bronx N.Y. 10472. The Delegate's Day of Sharing will be held March 7, at VA Hospital Atrium A+B, 423 E.23 St., Manhattan. March 27-29 will be the SENY Area 49 42nd Convention "Gratitude in Action" at the Westchester Marriott, 670 White Plains Road, Tarrytown, N.Y.

10591. The registration for the Convention is on the back of the LINK and if you wait until after March 5<sup>th</sup> the room rate will double per night! Hope to see you all there!

DCMC  
Nassau General Service  
nassau@aaseny(dot)org

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## eMail Addresses

### NASSAU INTERGROUP OFFICERS

Chairperson.....chair@nassauny-aa(dot)org  
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12th Step List.....12thstep@nassauny-aa(dot)org  
Nassau DCMC.....nassau@aaseny(dot)org

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## **Glen Head Group**

**61<sup>st</sup> ANNIVERSARY**

**March 31, 2009**

**7 pm-Food 8 pm-Speakers  
9 pm-Fellowship and Music**

**Glen Head Community Center  
200 Glen Head Road  
Glen Cove, NY 11545**