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January 2010



CALENDAR OF EVENTS

All Meetings are held at the Intergroup Office unless otherwise noted

January

Jan 1		New Years Alkathon
		Meetings every hour, on the hour, round the clock
	11:00 pm	Alkathon Ends
Jan 6	8:00 pm	Institutions Committee Simpson Methodist Church Locust & Sunset, Amityville
Jan 7	7:30 pm	Intergroup Rep's Orientation
	8:00 pm	Intergroup Rep's Meeting Garden City Community Church Stewart Ave & Whitehall Blvd
Jan 12	7:00 pm	PI/CPC Committee
Jan 13	8:00 pm	Share-A-Day Committee
Jan 20	7:30 pm	Web Site Committee
Jan 21		Newsletter DeadLine
Jan 28	7:30 pm	Steering Committee

February

Feb 3	8:00 pm	Institutions Committee Simpson Methodist Church Locust & Sunset, Amityville
Feb 4	7:30 pm	Intergroup Rep's Orientation
	8:00 pm	Intergroup Rep's Meeting Garden City Community Church Stewart Ave & Whitehall Blvd
Feb 9	7:00 pm	PI/CPC Committee
Feb 10	8:00 pm	Share-A-Day Committee
Feb 15	7:00 pm	General Service Rep's Orientation
	8:00 pm	General Service Rep's Meeting
Feb 17	7:30 pm	Web Site Committee
Feb 18		Newsletter DeadLine
Feb 25	7:30 pm	Steering Committee

WE LIST ONLY AA MEETINGS

MEETING CHANGES

Lawrence: Tell It Like It Is has changed the time to their Tue 7:30 C to 6:30 and Thu 7:30 O to a 6:30 C

Levittown: Caring and Sharing has changed the location of their Wed 7:30 C to Bethpage Saint Martin of Tours Church, Central Ave, Bethpage. Their Sat 7:30 O still meets at Good Sheppard Luth Church in Levittown

Manhasset: Early Cup of Sobriety has added a Tue 7:00am Round Robin C meeting. Also changed the format of their Mon 7:00am S to a BB and their Wed 7:00am CD to a S

Oyster Bay: Oyster Bay/Sagamore has changed the times of their Sun 7:30 O and 7:30 S to a 8:30S and a 8:30 O and their Wed 7:30 CD and their 7:30 B to a 8:30 CD and a 8:30 B

NEW MEETINGS

Amityville: Doing it Young Group now meets for a Mon 7:00 O at South Oaks Hosp/Chapel 400 Sunrise Hwy, Amityville

Hicksville: Monday Night Big Book now meets on Mon at 7:30 for a BB meeting at United Meth Ch, 130 W Old Country Rd, Hicksville

Long Beach: Primary Purpose Group now meets for a 6:00 B at St James Epis, 230 W Penn St/Magnolia, Long Beach

Long Beach: Women of All Ages now meet for a Tue 6:00 Woman's Topic Meeting at St John's Luth, 75 E Olive & Riverside Blvd

Lynbrook: Spiritual Progress now meets on Mon at 7:30 for a Womens BB at Cong Beth David, 188 Vincent Ave, Lynbrook

Deletions

Syosset: Berry Hill Group no longer meets for their Sun. 9:15AM woman's CD

Valley Stream: We Can Do It group has cancelled their Wed 1:00 CD

Group Officer Form

Please be sure to complete a new group officer form for your group (inside Newsletter). Either drop off or mail to Nassau Intergroup, 361 Hempstead Turnpike, West Hempstead, NY 11552

From the Chair

THANKS for YOUR SERVICE

Thanks to all who helped another alcoholic this past year. I especially **NEED** to thank officers Bill C, Tony T, Pauline C, and Mark S; also, Committee Chairs Cory, Teri, Bob, John M, John D, LaRaine, Lisa, Dave, Jack, Denis, Robin, Brian, and GSR Kevin. Thanks to Mark S, Tom J, and all who answered the phones. I admire your weekly dedication by providing information to the suffering who call, and literature sales to all. Thanks to all the Intergroup Reps for showing up and providing information to your groups.

Thanks to **Alcoholics Anonymous**. Remember the first Tradition- **A.A. Unity**.

A Safe and Sober Time to All,

In service,

NIAA Chairperson

chair@nassauny-aa(dot)org

Step One: We admitted we were powerless over alcohol---that our lives had become unmanageable.

"It was then discovered that when one alcoholic had planted in the mind of another the true nature of his malady, that person could never be the same again. Following every spree, he would say to himself, 'Maybe those A.A.'s were right. . . .' After a few such experiences, often years before the onset of extreme difficulties, he would return to us convinced. He had hit bottom as truly as any of us. John Barleycorn himself had become our best advocate."



****SERVICE OPPORTUNITIES****

A Call For Service

THE BOY AND THE NETTLES

A Boy was stung by a Nettle. He ran home and told his Mother, saying, "Although it hurts me very much, I only touched it gently." "That was just why it stung you," said his Mother. "The next time you touch a Stinging Nettle plant, grasp it boldly, and it will be soft as silk to your hand, and not in the least hurt you."

Sobriety is a precious gift. In Alcoholics Anonymous we learn that in order to keep our sobriety we must freely pass it on. "Love and service" we cry out at our meetings. Here at Nassau Intergroup we can use your help answering the phones during the daytime. We have two shifts, 9 am to 1 pm and 1pm to 5 pm. If you have the time and are looking to give service, I can not think of a better way to add to your personal sobriety than to help others who call us in their time of need. Please call the office and ask for me. If I am not there leave your name and number and I will get back to you as soon as I can.

Whatever you do, do it with all your heart.

In Love and Service,
Office Manager
officemanager@nassauny-aa(dot)org

Night Book

I wish everyone a Happy New Year! Even though we take it one day at a time, may it be a good one for all. The hotline is doing well. We would like to get new groups that haven't done it in a while to book a week. Call the Intergroup and I will get the message.292-3045.

***Thanks to the following groups
for taking the hotline in December***

*Franklin Square-Gift of Serenity Group
Lynbrook-Primary Purpose Group
Hicksville Group
Plainview-Reflections Group*

Yours in Love and Service,
NightBook Chair
nightbook@nassauny-aa(dot)org

From the First Vice Chair—

Cooperation with the Professional Community (CPC)

From the early days AA has enjoyed a significant relationship with non-alcoholic professionals, individuals and groups which have helped shape, support and deliver the Fellowship's message. Early examples include Dr. William Silkworth who offers "The Doctor's Opinion" in the "Big Book," John D. Rockefeller who pointed us to our Seventh Tradition, and Fr. Ed Dowling who provided Bill W. "spiritual sponsorship." Currently, we can look to the seven Class A trustees who serve on the General Service Board. They come from the fields of criminal justice, medicine, business, religion and other disciplines. Closer to home we find AA engaged with various professional groups who are often the first to encounter the alcoholic who still suffers. (Significant numbers of current AAs found there to us through these non-AA contacts.) In a 1958 *Grapevine* article entitled, "Let's Be Friendly with our Friends," Bill W. wrote, "We regard all who labor in the total field of alcoholism as our companions on a march from darkness into light. We see that we can accomplish together what we could never accomplish in separation and in rivalry." In this, Bill was reflecting the idea that we can find common ground for cooperation with non-AAs in the interest of the drunk who still suffers without the formal affiliation we are admonished against in our Sixth Tradition. In practice, this translates today into varied efforts by AA to bring information about our program to the professional community. We commonly go before professional groups to tell them what AA is and is not, and what we do and what we don't do. We readily receive referrals of alcoholic patients and clients into our program and develop cooperative links with the non-AA world to facilitate this. In Nassau, your Intergroup has a CPC Committee which meets jointly with our Public Information (PI) Committee the second Tuesday of each month at the West Hempstead office to seek new ways of providing information about AA to non-AAs, and to respond to requests for our cooperation and participation with non-AA groups and individuals.

In service,
First Vice Chair
1stvice@nassauny-aa(dot)org

General Service

I would like to thank Nassau County as a whole and SENY for their support of the Unity Breakfast!

We had 415 in attendance on 43 tables! My thanks to Jim C, our Unity Breakfast Chair and his committee and Pauline our NGSB Treasurer, Jose our NGSB Alternate DCMC, Kevin B our NGSB Secretary, Brian DCM for Hicksville and Levittown Groups, Steve K and Linda for all your hard work! Also my thanks to GSO, SENY, Suffolk and Staten Island DCMC's, SENY's Grapevine Dolores, SENY's Amylynn and Larry SENY Hospitality International Convention, Ann Alanon, Nassau Intergroup Literature Lisa, Tony T 2nd Vice Chair Intergroup, David Archives Chair, Larain SAD Chair, Bob P our Institutions Chair, George P our Intergroup Chair, our Delegate Richard, Brenda SENY Chair, Speakers Bill C. 1st Vice Chair Intergroup, Susan from GSO. And all our GSR's and DCM's and all our Group members.

DCMC NGSB,
nassau@aaseny(dot)org

Promises

We are going to know a new freedom
and a new happiness.

We will not regret the past
nor wish to shut the door on it.

We will comprehend the word serenity
and we will know peace.

No matter how far down the scale
we have gone,

we will see how our experience
can benefit others.

That feeling of uselessness
and self-pity will disappear.

Self-seeking will slip away.

Fear of people and
of economic insecurity will leave us.
We will intuitively know how to handle
situations which used to baffle us.

We will suddenly realize
that God is doing for us
what we could not do for ourselves.

Are these extravagant promises?

We think not.

They are being fulfilled among us –
sometimes quickly, sometimes slowly.

They will always materialize
if we work for them.

c. 1976, 2001 AAWS, Alcoholics Anonymous, pp. 83-4

As Bill Sees It

Pain and Progress

"Years ago I used to commiserate with all people who suffered. Now I commiserate only with those who suffer in ignorance, who do not understand the purpose and ultimate utility of pain."

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Someone once remarked that pain is the touchstone of spiritual progress. How heartily we A.A.'s can agree with him, for we know that the pains of alcoholism had to come before sobriety, and continued turmoil before serenity.

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"Believe more deeply. Hold your face up to the Light, even though the moment you do not see."

1. LETTER, 1950 - 2. TWELVE AND TWELVE, pp. 93-94 - 3. LETTER, 195

eMail Addresses

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2nd Vice Chr....2ndvice@nassauny-aa(dot)org

Secretary.....secretary@nassauny-aa(dot)org

Treasurer.....treasurer@nassauny-aa(dot)org

NASSAU INTERGROUP COMMITTEE CHAIRS

Archives.....archives@nassauny-aa(dot)org

Books/Literature.....literature@nassauny-a.org

CPC.....cpc@nassauny-aa(dot)org

Corrections.....corrections@nassauny-aaa(dot)org

Financial Review.....finance@nassauny-aa(dot)org

Institutions.....institutions@nassauny-aa(dot)org

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