

## **October 2010**

### Calendar of Events

All Meetings are held at the  
Intergroup Office unless otherwise noted

### **October**

- Oct 6 8:00 pm Institutions Committee  
Simpson Methodist Church  
Locust & Sunset, Amityville
- Oct 7  
7:30 pm **Meeting List Changes Deadline**  
Intergroup Rep's Orientation  
8:00 pm **Nassau Intergroup Elections**  
Garden City Community Church  
Stewart Ave & Whitehall Blvd
- Oct 12 7:00 pm PI/CPC Committee
- Oct 13 8:00 pm Share-A-Day Planning Committee
- Oct 18 7:30 pm **Nassau General Service Cmt  
Mtg and Officers Elections**
- Oct 20 7:30 pm Web Site Committee
- Oct 21 **Newsletter Deadline**
- Oct 28 7:30 pm Steering Committee

### **November**

- Nov 3 8:00 pm Institutions Committee  
Simpson Methodist Church  
Locust & Sunset, Amityville
- Nov 4 7:30 pm Intergroup Rep's Orientation  
8:00 pm Intergroup Rep's Meeting  
Garden City Community Church  
Stewart Ave & Whitehall Blvd
- Nov 9 7:00 pm PI/CPC Committee
- Nov 10 8:00 pm Share-A-Day Planning Committee
- Nov 17 7:30 pm Web Site Committee
- Nov 18 **Newsletter Deadline**
- Nov 18 7:30 pm Steering Committee
- Nov 24 **Thanksgiving Alkathon**
- 5:00 pm Alkathon Starts
- Nov 25 11:00 pm Alkathon Ends



### **From the Chair -**

### **Service with a Smile**

Maybe you did not realize it at the time, and I know I had no clue, as to why these people were eager to talk with me, and help me. Well, I have found the answer in meetings, in the literature, in sharing with my sponsor, in the fellowship with other AA's, and in learning how to perform A.A. Service. In "Doctor Bob's Nightmare" (pages.174-5), I learned the spirit of giving back what was freely given to me. I have seen the intense desire and LOVE in the faces of those who took the time to help me, explaining the serenity I would receive in putting down the drink and following their plan of action - they call "The 12 Steps." Their continual help in guiding me, reminds me, Service with a Smile. I agree with my friend Karen, "I am truly a satisfied customer", and I need to pass on this -Peace of mind I have received.

By the time you read this, the election of Officers for 2011-12 terms should be over. Yet, there are still many positions that need to be filled now, and in the upcoming months. I hope you will take the time when you count your blessings to remember how much we continually owe to A.A., and Nassau Intergroup for keeping the light available for those in need. So, please consider Service both outside and inside your Home Group.

Chair,  
[chair@nassauny-aa\(dot\)org](mailto:chair@nassauny-aa(dot)org)

# MISSING FROM MEETING BOOK

## West Hempstead

**Decision Group:** St. Andrew's Church,  
54 Nassau Blvd .(north of Hempstead Tpke.)

Tues 7:00 S, Thurs 7:00 B

(Last Thursday Anniversary Meeting)

**Reflect This:** 311 Hempstead Tpke

Tues 10:30 AM C, Thurs 10:30 AM C

**Road To Recovery:** West Nassau Counseling Ctr  
510 Hempstead Tpke,

Wed 7:15 B, Sat 10:00 AM Topic MTG

**Weekend Early Birds:** Trinity Lutheran Church

260 Chestnut St.

Sun 7:00 AM C, Wed 7:00 B, BB, S

Last Wed Open Anniv, Sat 7:00 AM C,

Meets All Holidays 7:00 AM

## Westbury

**Westbury Advent Group:** Church of the Advent  
Winthrop Hall, Advent Avenue

Sun 8:00 O, Thurs 7:15 B, 8:30 BB

**Big Book At Steeple On The Parkway:**

United Methodist Church

1 BLK South of N. State Pkwy, Mon 7:30 BB

**But Do It Group:**

United Methodist Church Westbury

265 Asbury Ave 1 BLK S of N. State

Sat 9:00 AM S

---

## WE ONLY LIST AA MEETINGS

---

### MEETING CHANGES

**Bellrose:** Bellrose Hope has changed the Fri 8:30 CD to Fri 8:30C

**Garden City:** Garden City Group Tue 6:15 S has changed to 7:30 S, their 7:30 CD will be omitted, their Fri 6:15 O will be omitted, their 7:30 BB will change to 7:30 Open BB

**Great Neck:** Great Neck Group has changed their Tues 8:00 B to a 7:45 B

**Hicksville:** Ever Vigilant has changed the Tue 7:30 PM C, 1<sup>st</sup> Tue BB, 3<sup>rd</sup> Tue Living Sober

**Huntington:** Huntington Group has changed their 8:30 B & 8:30 S to 8:15 B & 8:15 S and has added Sun 6:45 *Daily Reflections*

**Levittown:** Caring And Sharing has changed their Wed 8:00 C to 7:30 C and Sat 7:30 O to a 8:00 O and moved to St. Marten of Tours RC Church, 48 Central Ave, Bethpage

**Mineola:** County Seat Grp has changed the Sun 2:00 B to 1:15 B

**New Hyde Park:** New Hyde Park Group has added a Tue 6:15 CD and a last Fri 7:30 O Ann

**Oyster Bay:** Oyster Bay/Sagamore has changed the times of their Sun 8:15 O and 8:15 S to a 8:00 S and a 8:00 O, last Sun Ann, and their Wed 8:15 CD and their 8:15 B to a 8:00 CD and a 8:00 B

**Rockville Centre:** AM Group Thu 6:15 AM changed to OD

**Rockville Centre:** Serenity, Courage, & Wisdom has changed their name to **Serenity at Noon**

**Seaford:** Wantagh Friday Morning Group has added 3<sup>rd</sup> Fri 11:00 AM Open/Ann

**Westbury:** Hand & Hand has changed the Mon 6:30 B to 7:00 B and omitted the 8:00 C/BB

## NEW MEETINGS

**East Meadow:** Clean And Sober United Methodist Church 470 East Meadow Ave. Fri. 8:00 PM

**Locust Valley:** Choices now meets on Mon 6:30AM R, Thurs 6:30AM S, and on Sat 7:00AM BB/R at Reformed Church, 115 Ryefield Rd

**Massapequa:** Extravagant Promises will meet on Mon.7:30AM CD, Wed 7:30AM CD, and Fri. 7:30 AM CD, S at Massapequa Reformed Ch., 302 Ocean Ave.

**Roosevelt:** Women Caring for Women REACT Center 27A Washington Pl. now meets on Sat for a 1:00pm W

**Seaford:** Primary Purpose of Seaford now meets at St Michaels and All Angels Church on Sat 7:00 Open BB

---

## SERVICE VOLUNTEERS NEEDED

The Nassau County Intergroup is an entirely volunteer organization - there are no paid employees. As a result, volunteers are always needed! Requirements are six months of sobriety and four hours at least once a month. A great way to place Step Twelve into action! For further information, contact the Intergroup Office.

**Cooperation with Professional Community** - Meets with Professionals explaining A.A.

**Meeting List** - Update the printed meeting list of all Nassau County A.A. Meetings.

**Public Information** - Meets with various schools, institutions, and Fairs explaining A.A.

**Special Needs** - Provides and facilitate meeting information for those with special needs.

**Web Site** - Collect information for posting, and the maintaining of website.

**12th Step List** - Updates and maintains file of 12th Step Phone Lists.

PLEASE CALL (516)-292.3045

## **From the First Vice Chair - INTERGROUP ELECTIONS & OTHER MATTERS**

The "spirit of rotation" suggest all AA trusted servants, from coffee makers to chairpersons, give up their jobs and move on to something else on some regular cycle. This helps keep us right sized and in the right spirit, and gives us the chance for further growth through trying something new.

By the time this reaches most members in Nassau County, Intergroup will have held its biennial election of officers to begin serving a two year term in January 2011. Our thanks to all who made themselves available to serve and to all who otherwise participated in the election process-the current Steering Committee members and Intergroup Reps, our friends from General Service who facilitated the election and the other interested members in attendance. The incoming officers have my full support. I also encourage members to make themselves available starting next year for positions with the Steering Committee where the spirit of rotation is also practiced.

Following up on last month's outreach to groups on the question of wheelchair access, many of the concerned groups responded to help us update our meeting lists both printed and online. Special thanks to those groups. Some groups did not respond. Although the reply date has passed, we could still use the information. Please let me know by phone or email.

In service,  
First Vice Chair  
1stvice@nassauny-aa(dot)org

---

## **From the Nightbook Chair - NIGHTBOOK**

In my opinion, one of the best things about AA is the diversity of its membership. Doctors, lawyers, Indian Chiefs, from Park Avenue to park bench, shoulder to shoulder, hand in hand united in one common cause, to stay sober and to help the next sick and suffering alcoholic. I believe it's the way God intended it to be. After all, who's better suited to help an alcoholic than someone who's been down the very same road. We each may find many ways to carry the message of hope in and out of the rooms of AA and one great way is to get your home group to volunteer to take the night book. There's nothing more satisfying than a 12 step job well done and knowing that you're really making a difference in someone's life when they may need it the most. My question then to all of you is can we afford not to be there when that call for help comes?

To stay sober, we all need to get busy and get involved. Nassau Intergroup needs your help at many different levels. We have been updating the group 12 step contact lists and if your group list is over a year old then its time to submit a new one. My first sponsor Patrick use to say to me, "We need to fit ourselves to be of maximum service to God and man, our very lives may depend on it" I know today that he was right.

I'd like to thank the following groups for their service in taking the Night book...

Manhasset... Early cup of sobriety  
Floral Park Bellerose  
Hewlett Cedarhurst  
Long Beach New Beginnings  
East Norwich  
Wantagh Friday Night Live

In Love and service,  
12th Step Chair  
12thstep@nassauny-aa.org

---

## **October Calendar General Service News**

### **Nassau County General Service Group Unity Breakfast**

Sunday December 12, 2010, 9 AM to 1 PM  
Plattduetsche Park Restaurant  
1132 Hempstead Turnpike  
Franklin Square, NY 11010

### **Nassau County Officers Elections Meeting for 2011-12**

Monday, Oct. 18, 2010,  
7:00 PM Orientation & 7:30 PM  
Nassau Intergroup Office  
361 Hempstead Tpke  
W Hempstead, NY 11552

P.S. If you need Unity Breakfast tickets I have the last table for sale!

District Committee Member Chair NGSG  
nassau@aaseny(dot)org

---

## **Having Fun in Sobriety**

Most of us bar drinkers and partiers were excitement junkies. At the prospect of sobriety through the AA program we thought our lives had come to an end. Now we would be banished to church basements and our social lives would be limited to drinking coffee at diners for the rest of our lives. Happily this is not the case for us-at least for me. I have discovered a new life and new friends in AA to have fun with.

My sober date is November 3, 2009. In the last nine months I have gone on roads trips to Key West and Provincetown, gone boating, swimming in the ocean, been to restaurants, museums, art exhibits, concerts, movies, several barbeques and AA events such as group anniversaries and local conventions. I plan on going canoeing next week. I never did these things when I was drinking. I never even made it to the beach last summer because I was too hung over during the day. What I thought was fun was a wasteland of empty bottles and not knowing where my money went. My bar friends never call me now and I don't want them to.

I take my sobriety very seriously and practice my program by going to a lot of meetings, having a commitment at my home group and go out on speaking engagements. I am working the steps with my sponsor and also attend a Big Book study every week. Sobriety is serious business but it should also be fun. As sober people we want to live and enjoy our lives- lives that were wasted before finding AA.  
- Debi M

## **The Baldwin Group Invites you to their Back to Basics Workshop**

Take the 12 steps in four one hour session

When: Saturday, November 6, 2010

Time: 12 noon – 5 pm

Where: First Presbyterian Church

717 St. Luke's Place, Baldwin

Please bring your Big Book,

paper, pen & highlighter

Coffee and cookies available

## **Williston Park Solution Group Anniversary**

Invites you to join us for our 37<sup>th</sup> Group Anniversary

**Date: Saturday, October 9, 2010**

Place: St Aidan Lower School

505 Willis Ave. Williston Park

Follow the balloons to Msgr. Kerwin Hall

Time: 7:00 pm 'till Midnight

## **AA History**

- ⇒ Oct 1 1941 - Local news reports 1st AA Group in New Haven, CT.
- ⇒ Oct 1 1957 - Book "A.A. Comes of Age" published.
- ⇒ Oct 2 1944 - Marty M. founded National Committee Education Alcoholism, later became National Council on Alcoholism.
- ⇒ Oct 3-5 1945 - AA Grapevine adopted as national publication of AA.
- ⇒ Oc15 1904 - Marty M., early AA woman, is born in Chicago.
- ⇒ Oct 5 1988 - Lois W. died.
- ⇒ Oct 5-7 1972 - 2nd World Service meeting held in New York.
- ⇒ Oct 6 1941 - 900 dine at Cleveland dinner for Bill D., AA #3.
- ⇒ Oct 8 1988 - Memorial Service for Lois W at Stepping Stones, NY.
- ⇒ Oct 9-11 1969 - 1st World Service meeting held in New York with delegates from 14 countries.
- ⇒ Oct 10 1943 - 6 of 1st 9 AA's attend clubhouse anniversary in Toledo.
- ⇒ Oct 12 1947 - The Melbourne Group held its first meeting in Australia.
- ⇒ Oct 14 1939 - Journal of American Medical Association gives Big Book unfavorable review.
- ⇒ Oct 17 1935 - Ebby T, Bills sponsor, moves in with Bill and Lois.
- ⇒ Oct 20 1928 - Bill wrote promise to Lois in family Bible to quit drinking. By Thanksgiving added second promise.

## **HEWLETT GROUP ANNOUNCES WITH GRATITUDE it's 51<sup>st</sup> ANNIVERSARY**

**FRIDAY, OCTOBER 29<sup>TH</sup> 2010**

ST. JOSEPH'S CHURCH CAFETERIA

1346 BROADWAY, HEWLETT

SPEAKER 8PM

FOLLOWED BY MUSIC

FOOD-RAFFLES-50/50

BRING A NEWCOMER

**Correction:** In Memoriam Tommy K. Only Booze,

Bellmore, Long time member 39 Yrs. He will be missed .

## **eMail Addresses**

### **NASSAU INTERGROUP OFFICERS**

Chairperson.....chair@nassauny-aa(dot)org

1<sup>st</sup> Vice Chr.....1stvice@nassauny-aa(dot)org

2<sup>nd</sup> Vice Chr.....2ndvice@nassauny-aa(dot)org

Secretary.....secretary@nassauny-aa(dot)org

Treasurer.....treasurer@nassauny-aa(dot)org

### **NASSAU INTERGROUP COMMITTEE CHAIRS**

Archives.....archives@nassauny-aa(dot)org

Books/Literature.....literature@nassauny-aa(dot)org

CPC.....cpc@nassauny-aa(dot)org

Corrections.....corrections@nassauny-aaa(dot)org

Financial Review.....finance@nassauny-aa(dot)org

Institutions.....institutions@nassauny-aa(dot)org

Meeting List.....meetinglist@nassauny-aa(dot)org

Newsletter.....newsletter@nassauny-aa(dot)org

Night Book.....nightbook@nassauny-aa(dot)org

Office Manager...officemanager@nassauny-aa(dot)org

Program Chair Sec.....seclist@nassauny-aa(dot)org

Public Information.....publicInfo@nassuny-aa(dot)org

Share-A-Day.....shareaday@nassauny-aa(dot)org

Speakers Exchange.....

.....speakersexchange@nassauny-aa(dot)org

Special Needs.....specneeds@nassauny-aa(dot)org

Web Site.....webcommittee@nassauny-aa(dot)org

12th Step List.....12thstep@nassauny-aa(dot)org

Nassau DCMC.....nassau@aaseny(dot)org

## **PHONE VOLUNTEERS:**

Anyone with 6 months sobriety,  
who is interested in answering the phones,

**CONTACT: the Office Coordinator: (516) 292-3045**