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1971 (January) - Volume 1, Number 1 of the *Nassau Newsletter* distributed to the groups.  
This newsletter has been published every month since that time.

## **November 2010**

Thanksgiving Alkathon  
*At the Nassau Intergroup Office*  
*361 Hempstead Turnpike*  
*West Hempstead*  
*Starts Wednesday Nov 24, 5:00 pm*  
*Ends Thursday Nov 25, 11:00 pm*

### Calendar of Events

All Meetings are held at the Intergroup Office unless otherwise noted

#### **November**

Nov 3	8:00 pm	Institutions Committee Simpson Methodist Church Locust & Sunset, Amityville
Nov 4	7:30 pm 8:00 pm	Intergroup Rep's Orientation Intergroup Rep's Meeting Garden City Community Church Stewart Ave & Whitehall Blvd
Nov 6	1:00 pm	SENY Intergroup Liaison Mtg
Nov 9	7:00 pm	PI/CPC Committee
Nov 10	8:00 pm	Share-A-Day Planning Cmt
Nov 13	10:00 am	District 208/209 Workshop History, Hope and Heroes 11 Mountain Ave, Bayville
Nov 17	7:30 pm	Web Site Committee
Nov 18		<b>Newsletter Deadline</b>
Nov 18	7:30 pm	Steering Committee
Nov 24		<b>Thanksgiving Alkathon</b>
	5:00 pm	Alkathon Starts
Nov 25	11:00 pm	Alkathon Ends

#### **December**

Dec 1	8:00 pm	Institutions Committee Simpson Methodist Church Locust & Sunset, Amityville
Dec 2	7:30 pm 8:00 pm	Intergroup Rep's Orientation Intergroup Rep's Meeting Garden City Community Church Stewart Ave & Whitehall Blvd
Dec 8	8:00 pm	Share-A-Day Planning Committee
Dec 9	7:00 pm	Special Needs Committee
Dec 12		NGSG Unity Breakfast Plattduetsche Park Restaurant 1132 Hempstead Tpke, Franklin Square
Dec 14	7:00 pm	PI/CPC Committee
Dec 15	7:30 pm	Web Site Committee
Dec 18	7:30 am	Speaker Exchange Meeting
Dec 20	7:00 pm 7:30 pm	General Service Rep's Orientation General Service Rep's Meeting
Dec 23		<b>Newsletter Deadline</b>
Dec 24		<b>Holiday Alkathon</b>
	5:00 pm	Alkathon Starts
Dec 2	11:00 pm	Alkathon Ends
Dec 30	7:30 pm	Steering Committee
Dec 31		<b>New Year's Alkathon</b>
	5:00 pm	Alkathon Starts
Jan 1	11:00 pm	Alkathon Ends

# MISSING FROM MEETING BOOK

## West Hempstead

**Decision Group:** St. Andrew's Church,  
54 Nassau Blvd .(north of Hempstead Tpke.)  
Tues 7:00 S, Thurs 7:00 B  
(Last Thursday Anniversary Meeting)

**Reflect This:** 311 Hempstead Tpke  
Tues 10:30 AM C, Thurs 10:30 AM C

**Road To Recovery:** West Nassau Counseling Ctr  
510 Hempstead Tpke,  
Wed 7:15 B, Sat 10:00 AM Topic MTG

**Weekend Early Birds:** Trinity Lutheran Church  
260 Chestnut St.  
Sun 7:00 AM C, Wed 7:00 B, BB, S  
Last Wed Open Anniv, Sat 7:00 AM C,  
Meets All Holidays 7:00 AM

## Westbury

**Westbury Advent Group:** Church of the Advent  
Winthrop Hall, Advent Avenue  
Sun 8:00 O, Thurs 7:15 B, 8:30 BB

**Big Book At Steeple On The Parkway:**  
United Methodist Church  
1 BLK South of N. State Pkwy, Mon 7:30 BB

**But Do It Group:**  
United Methodist Church Westbury  
265 Asbury Ave 1 BLK S of N. State  
Sat 9:00 AM S

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## WE ONLY LIST AA MEETINGS

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## MEETING CHANGES

**Bellrose:** Bellrose Hope has changed the Fri 8:30 CD to Fri 8:30C

**Garden City:** Garden City Group Tue 6:15 S has changed to 7:30 S, their 7:30 CD will be omitted, their Fri 6:15 O will be omitted, their 7:30 BB will change to 7:30 Open BB

**Great Neck:** Great Neck Group has changed their Tues 8:00 B to a 7:45 B

**Hicksville:** Ever Vigilant has changed the Tue 7:30 PM C, 1<sup>st</sup> Tue BB, 3<sup>rd</sup> Tue Living Sober

**Huntington:** Huntington Group has changed their 8:30 B & 8:30 S to 8:15 B & 8:15 S and has added Sun 6:45 *Daily Reflections*

**Levittown:** Caring And Sharing has changed their Wed 8:00 C to 7:30 C and Sat 7:30 O to a 8:00 O and moved to St. Marten of Tours RC Church, 48 Central Ave, Bethpage

**Mineola:** County Seat Grp has changed the Sun 2:00 B to 1:15 B

**New Hyde Park:** New Hyde Park Group has added a Tue 6:15 CD and a last Fri 7:30 O Ann

**Oyster Bay:** Oyster Bay/Sagamore has changed the times of their Sun 8:15 O and 8:15 S to a 8:00 S and a 8:00 O, last Sun Ann, and their Wed 8:15 CD and their 8:15 B to a 8:00 CD and a 8:00 B

**Rockville Centre:** AM Group Thu 6:15 AM changed to OD

**Rockville Centre:** Serenity, Courage, & Wisdom has changed their name to **Serenity at Noon**

**Seaford:** Wantagh Friday Morning Group has added 3<sup>rd</sup> Fri 11:00 AM Open/Ann

**Westbury:** Hand & Hand has changed the Mon 6:30 B to 7:00 B and omitted the 8:00 C/BB

## NEW MEETINGS

**East Meadow:** Clean And Sober United Methodist Church 470 East Meadow Ave. Fri. 8:00 PM

**Locust Valley:** Choices now meets on Mon 6:30AM R, Thurs 6:30AM S, and on Sat 7:00AM BB/R at Reformed Church, 115 Ryefield Rd

**Massapequa:** Extravagant Promises will meet on Mon.7:30AM CD, Wed 7:30AM CD, and Fri. 7:30 AM CD, S at Massapequa Reformed Ch., 302 Ocean Ave.

**Roosevelt:** Women Caring for Women REACT Center 27A Washington Pl. now meets on Sat for a 1:00pm W

**Seaford:** Primary Purpose of Seaford now meets at St Michaels and All Angels Church on Sat 7:00 Open BB

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## SERVICE VOLUNTEERS NEEDED

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The Nassau County Intergroup is an entirely volunteer organization - there are no paid employees. As a result, volunteers are always needed! Requirements are six months of sobriety and four hours at least once a month. A great way to place Step Twelve into action! For further information, contact the Intergroup Office.

**Cooperation with Professional Community** - Meets with Professionals explaining A.A.

**Meeting List** - Update the printed meeting list of all Nassau County A.A. Meetings.

**Public Information** - Meets with various schools, institutions, and Fairs explaining A.A.

**Special Needs** - Provides and facilitate meeting information for those with special needs.

**Web Site** - Collect information for posting, and the maintaining of website.

**12th Step List** - Updates and maintains file of 12th Step Phone Lists.

**PLEASE CALL (516)-292.3045**

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## **From The Chair -**

### **ALKATHONS**

We had an orderly and very good example of the Third Legacy in action on Thursday October 7<sup>th</sup> 2010. I wish to thank Brenda and Rich for facilitating our election process. Congratulations to the newly elected, they will begin January 1<sup>st</sup>, 2011.

I also wish to thank all who made themselves available for Office. We are now heading into the Alkathon Season – Thanksgiving Alkathon: Nov 24<sup>th</sup> 5pm to Nov 25<sup>th</sup> 11pm, Holiday Alkathon: Dec 24<sup>th</sup> 5pm to Dec 25<sup>th</sup> 11pm and Dec 31<sup>st</sup> 5pm to Jan 1<sup>st</sup> 11pm. We need groups to volunteer for the coverage of the Alkathon Meetings and individuals to help set up and be available to check in and see that everything is running smoothly.

NIAA Chairperson

chair@nassauny-aa(dot)org

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## **From the First Vice Chair -**

### **BEYOND THE HOME GROUP**

As a newcomer to AA in 1981, I took for granted the many service roles that contributed to my being able to make it to my first AA meeting. I didn't think about being able to find AA's phone number or the man who answered the phone at New York Intergroup when I called. I didn't think about the members who had coordinated New York's Twelve Step contact list, or the members from Little Neck-Douglaston who signed up for that service and showed up on my doorstep. I didn't think about the members of Free Flushing or Booth Memorial who set up the meeting rooms I visited that first night, or those responsible for making our literature or the many other aspects of our program of recovery accessible to me at that time. But I'm no longer new to AA, and the once reasonable time for selfish ignorance and simply taking from AA has long since passed.

As we move into the end this year, we also come to the end of the current service rotation at Nassau Intergroup. We give our thanks to all who have or will have served during any part of the term 2009-2010. The membership often takes your quiet service for granted as I once did, but you know the joys, challenges and personal benefits of service beyond the home group.

As Intergroup's chair-elect and a believer in rotation in service, I will be encouraging all currently involved with our Steering Committee to let me know if they want to stay on and, if so what they would like to do next. Knowing that we have some open jobs, and some currently in service will simply rotate out, I encourage those willing to try something new to step up to a job with intergroup. Much of the growth in recovery I have enjoyed over the years—and perhaps the longevity of my recovery itself—has been directly tied to the people,

experiences and challenges I've known in service beyond the home group. That's not to say we don't still need sponsors and coffee makers close to home. We absolutely do. There is a job for everyone in AA. Why not try something new, whatever and whenever it is, and challenge the limits of your recovery? Remember, we need to give it away to keep it, keep it we must, and there are many opportunities to give.

Call me! I look forward to our further work together.

In service,

First Vice Chair

1stvice@nassauny-aa(dot)org

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## **From the Nightbook Chair -**

### **NIGHTBOOK**

A long time ago I can recall reading that there are no “musts in AA” ...but as a sponsor put it “Love and Service are vital to our existence” (thank you Pat). It is through the Nightbook that I find opportunities to provide just that love and service to alcoholics who reach out for help everyday. I am grateful to God for having sent me in this direction, to be able to help. For those of you who don't know, our answering service is totally volunteer operating 24 hours a day 365 day a year. During the daytime hours volunteers answer the phones from the intergroup office and at night AA groups volunteer a week a year, each individual member taking an evening of answering the phone from 5 pm till 9 am following morning. We provide information on everything from meetings to detox units and everything in between, sometimes being the last call a struggling alcoholic makes prior to picking up that drink again.

I know from everything I've read and seen that this alcoholic disease will never rest. It waits, it's patient, it's like a jackal that will eat you alive; the word for it is insidious. This is the very reason why it's so important to always be ready when anyone anywhere reaches out for help. This is the duty we are charged with ... let's call it part of the admission price to our new life.

When our co-founder Bill W asked his spiritual advisor Father Dowling...Is there any rest...ever? Father Dowling told Bill “no, not ever”. I believe Bill took him at his word, as up to the time of his passing he never rested.

Please get busy, get involved and volunteer at intergroup.

I'd like to thank the following groups for taking the Nightbook:

North Bellmore

Seacliff Sober Start

Rockville Centre Am

Serenity By the Sea.

In Love And Service,

Nightbook Chair

nightbook@nassauny-aa(dot)org

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## **Nassau General Service -**

### **GROUP ELECTIONS**

Last night at our Nassau General Service Group elections Oct 18, 2010 we voted on our new trusted servants for 2011-2012. I want to thank you all for being available to service in Nassau County and I wish you all well for the next two years! Starting January 1<sup>st</sup> I will be stepping down as the chair and I want to thank all Nassau County for the privilege to serve you and I will be continuing in my new service job. You have to give it away to keep it.

District Committee Member Chair NGS  
nassau@aaseny(dot)org

### **District 208-209 Presents a Workshop "History, Hope, and Heroes"**

When: Saturday, November 13<sup>th</sup>  
10:00 am to 2:00 pm

Where: Methodist Church

11 Mountain Avenue, Bayville

Join us for a day of Speaker Panels Lunch Fellowship, Archives, and Open Discussion.

### **New Castle We Care**

#### **35<sup>th</sup> Anniversary**

When: Saturday, November 20<sup>th</sup>

Food at 5:00 pm Speaker at 6:00 pm

Where: United Methodist Church

265 Asbury Avenue

(off Post Avenue)

Westbury

### **Levittown Group's 60<sup>th</sup> Anniversary**

When: Thursday, December 9<sup>th</sup>

Food at 7:00 pm Speaker at 8:00 pm

Where: Parkway Community Church

95 Stewart Ave

Hicksville

### **Logo Contest**

Nassau Intergroup Newsletter is having a Logo Contest  
Must be Black & White. Please submit your Logo to:  
newsletter@nassauny-aa(dot)org

or Mail to:

Nassau Intergroup

361 Hempstead Tpke, W Hempstead 11552

## **AA History**

- ⇒ Nov 1931 – Ebbie T visits Bill W and describes how he sobered up on spiritual principles.
- ⇒ Nov 1937 – AA has 40 sober members in Akron and New York City.
- ⇒ Nov 1950 – GSO moves to 144 East 44<sup>th</sup> Street, New York City.
- ⇒ Nov 16, 1950 – Dr Bob dies.
- ⇒ Nov 2, 1963 – Rev Shoemaker dies.
- ⇒ Nov 1975 – AA Archives opens at GSO.

### **Brookville/Muttontown's 35<sup>th</sup> Group Anniversary & Annual Square Dance**

**Established December 1975**

When: Saturday, December 4<sup>h</sup>

Chili & Chicken at 7:00 pm

Guest Speaker at 8:00 pm

Where: The Church of St Paul the Apostle  
2534 Cedar Swamp Rd, Rt 107, Brookville

### **eMail Addresses**

#### **NASSAU INTERGROUP OFFICERS**

Chairperson.....chair@nassauny-aa(dot)org

1<sup>st</sup> Vice Chr.....1stvice@nassauny-aa(dot)org

2<sup>nd</sup> Vice Chr.....2ndvice@nassauny-aa(dot)org

Secretary.....secretary@nassauny-aa(dot)org

Treasurer.....treasurer@nassauny-aa(dot)org

#### **NASSAU INTERGROUP COMMITTEE CHAIRS**

Archives.....archives@nassauny-aa(dot)org

Books/Literature.....literature@nassauny-aa(dot)org

CPC.....cpc@nassauny-aa(dot)org

Corrections.....corrections@nassauny-aaa(dot)org

Financial Review.....finance@nassauny-aa(dot)org

Institutions.....institutions@nassauny-aa(dot)org

Meeting List.....meetinglist@nassauny-aa(dot)org

Newsletter.....newsletter@nassauny-aa(dot)org

Night Book.....nightbook@nassauny-aa(dot)org

Office Manager..officemanager@nassauny-aa(dot)org

Program Chair Sec.....seclist@nassauny-aa(dot)org

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Share-A-Day.....shareaday@nassauny-aa(dot)org

Speakers Exchange.....

.....speakersexchange@nassauny-aa(dot)org

Special Needs.....specneeds@nassauny-aa(dot)org

Web Site.....webcommittee@nassauny-aa(dot)org

12th Step List.....12thstep@nassauny-aa(dot)org

Nassau DCMC.....nassau@aaseny(dot)org