

Newsletter

Nassau Intergroup

of Alcoholics Anonymous

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April 2011

SHARE A DAY XXXIV

April 30, 8:00 am to 4:30 pm

St Joseph's School, 1346 Broadway, Hewlett

Calendar of Events

All Meetings are held at the Intergroup Office unless otherwise noted

April

- Apr 6 8:00 pm Institutions Committee
Simpson Methodist Church
Locust & Sunset, Amityville
- Apr 7 7:30 pm Intergroup Rep's Orientation
8:00 pm Intergroup Rep's Meeting
Garden City Community Church
Stewart Ave & Whitehall Blvd
- Apr 9 10:00 am SENY Assembly
St Paul the Apostle Church
2534 Cedar Swamp Rd, Glen Head
- Apr 12 7:00 pm PI/CPC Committee
- Apr 13 8:00 pm Share-A-Day Planning Cmt
- Apr 14 7:00 pm Special Needs Committee
- Apr 18 7:00 pm GSR Orientation
7:30 pm GSR Meeting
- Apr 20 7:30 pm Web Site Committee
- Apr 21 **Newsletter Deadline**
- Apr 28 7:30 pm Steering Committee
- Apr 30 **61st Annual Meeting of the
General Service Conference**
- Apr 30 8:00 am **Share-A-Day XXXIV**
St Joseph's Church
1346 Broadway, Hewlett

May

- May 4 8:00 pm Institutions Committee
Simpson Methodist Church
Locust & Sunset, Amityville
- May 5 7:30 pm Intergroup Rep's Orientation
8:00 pm Intergroup Rep's Meeting
- May 10 7:00 pm PI/CPC Committee
- May 11 8:00 pm Share-A-Day Planning Cmt
- May 12 7:00 pm Special Needs Committee
- May 18 7:30 pm Web Site Committee
- May 19 **Newsletter Deadline**
- May 26 7:30 pm Steering Committee

INTERGROUP REP'S MEETING

New address as of May 5

Nassau Intergroup Office

361 Hempstead Tpke

West Hempstead

Orientation 7:30 pm, Meeting 8:00 pm

WE ONLY LIST AA MEETINGS

MEETING CHANGES

Amityville: Doing It Young has added 2nd Mon 7:00 O Step

Bethpage: New Life has changed their Wed 7:30 O to a 7:30 BB OD

Elmont: Elmont Group now meets at St Vincent DePaul Church, 1500 DePaul St. School Building

Franklin Square: Gift of Serenity Group now meets at Wesley Methodist Church, 619 Fenworth (off Dogwood) and has changed their Mon 7:30 S to Tues 7:30 S

Garden City: Easy Does it Group now meets at Hy Weinberg Center, 158 Cambridge Ave, RM 131 & 132

Garden City: Attitude Adjustment Group meets at 12 noon Mon to Fri. No children

Glen Cove: Saturday Nite Group has changed its name to **Sunday Reflections Group** Last Sun Ann OD

Levittown: Caring and Sharing now meets at St Martin of Tours, 40 Seaman Ave, (Central Ave. & Seaman Ave.) Bethpage

Long Beach: Sunday Morning Meeting now meets at Temple Israel, 70 E Park Ave. Enter on Riverside

Malverne: Gratitude Group has added a Tue 7:30 S Last Tues Tradition

Manhasset: Solid As A Rock has changed their Sat 1:00 CD OE to 1:00 CD

Sea Cliff: Sleepless in Sea Cliff address: The St. Boniface Martyr School, 12 Main Ave, 3rd floor. No handicap access

Sea Cliff: Sober Start address: The St. Boniface Martyr School, 12 Main Ave, 3rd floor. No handicap access

Seaford: Seaford at Wantagh has changed their Wed 7:30 BB to 7:30 CD 2nd Wed BB, last Wed ann

Westbury: Hand & Hand has changed their Mon 7:30 B to a 7:00 B and omitted their 8:30 BB

NEW MEETINGS

Elmont: Grupo Volviendo Al Hogar now meets at Belmont Race Track, Gate #6, Cottage 28B on Sun 7:00 CD

Elmont: Grupo Volviendo A Vivir now meets at Belmont Race Track, Gate #6, Cottage 28B on Mon 7:00 OD

East Meadow: Clean And Sober now meets at United Methodist Church, 470 East Meadow Ave on Fri 8:00 CD Men's meeting

Glen Cove: Serenity Together now meets at First Presbyterian Church, 7 North Lane (North School/ Lanes- front left door) Mon 12:00 noon S, last Mon Trad, Tue 12:00 noon CD, Wed 12:00 noon R, Thu 12:00 noon BB, Fri 12:00 noon B

Huntington Station: Sobriety First now meets at United Methodist Church, West Hills Rd on Thurs 6:00 C 1st week S

Long Beach: Sobriety After Work now meets at Temple Israel, 305 Riverside Blvd on Wed 4:30 CD

Manhasset: Sober Spirits now meets at St Ignatius Retreat House (rear), 251 Searingtown Rd on Mon 5:30 R, Wed 5:30 Meditation, Thu 5:30 S, Fri 5:30 BB

Rosedale: Sunrise Beginners now meets at Throop Memorial Presbyterian Church, 140-17 243rd St, Rosedale on Sat 9 am OB S

Seaford: Primary Purpose of Seaford now meets at St Michael and All Angels Church, 2197 Jackson Ave (north of Merrick Rd, next to KFC) on Sat 7:00 Open BB

DELETIONS

Glen Cove: Sound Living Step Group

Manhasset: Are You A Real Alcoholic?

Manhasset: 11th Step Meditation

Sea Cliff: Mon Nite Millennium Step Group

From The Chair -

NORTHEAST REGIONAL FORUM

“Regional Forums originated in 1975 at the suggestion of Dr. Jack Norris, then Chair of the General Service Board of Alcoholics Anonymous. They were to be weekend sharing and informational sessions designed to help the General Service Board, AA World Services, Inc., the Grapevine Corporate Board, the Grapevine Staff, and the General Service Office [GSO] Staff stay in touch with AA members, trusted servants and newcomers to service throughout the AA service structure.” (From:<http://aa.org> > “For Groups and Members” > “Regional and Local Forums”.) While GSO is conveniently located in our backyard on Riverside Drive in Manhattan, these Forums offer an exceptional opportunity for members to spend time with board members and staff not afforded even by a visit to GSO. There is no registration fee for participation at a Forum.

The next Northeast Region Regional Forum (NERF) will be hosted by Massachusetts (Areas 30 and 31) in Sturbridge the weekend of May 20-22, 2011. Go for the weekend or go for the day on Saturday. Our General Service area (SENY) is funding a bus to the Forum making attendance easy and relatively inexpensive. (Go to [HUhttp://aaseny.orgUH](http://aaseny.org) and follow the link under “Other Announcements” for more information on the NERF.)

In other matters, Nassau holds its 34th annual Share-A-Day on April 30 at St. Joseph's School in Hewlett (home of the Cedarhurst-Hewlett Group). A copy of the program is part of this month's newsletter. We are hoping your group is stepping up to run one of the 28 workshops or to otherwise be involved. As always, there will be AA literature available, information tables, breakfast, lunch, and other refreshments, a speaker meeting, an old-timers panel, Al-Anon participation, available day care and more.

Hope this is helpful.

NIAA Chairperson,
[chair@nassauny-aa\(dot\)org](mailto:chair@nassauny-aa(dot)org)

From the First Vice Chair -

SHARE A DAY

As you know Share A Day is this month. I am not going to steal Jay's (Share A Day Chair) thunder. So all I want to say is I'm hoping to see you there. Come by the literature table and say hello.

Yours in service,

Yours in service,
First Vice Chair,
[1stvice@nassauny-aa\(dot\)org](mailto:1stvice@nassauny-aa(dot)org)

From the Second Vice Chair

Tradition Four- Each group should be autonomous except in matters affecting AA as a whole.

Every group has the right to be wrong. The 12 & 12 reads every conceivable deviation from our 12 & 12 has been tried.

Just as the Steps keep the individual sober so does the Traditions to keep a group spiritually fit. A group that deviates too far from this Tradition risks possibly imploding.

Tradition Four reminds us of Rule #62 and it taught me to mind my own business while attending a meeting of a group I don't belong to. Any two alcoholics can form an AA group, as long as they have no other affiliation.

Yours in Service,
Second Vice Chair,
[2ndvice@nassauny-aa\(dot\)org](mailto:2ndvice@nassauny-aa(dot)org)

From the Share-A-Day Chair- Share-A-Day 2011

This is it. April is finally here. Share-A-Day is a little over 3 weeks away. When I first took the commitment to Chair Share-A-Day 2011 I thought I was over my head. I could not have been more mistaken. I temporarily forgot that in AA WE DO THINGS TOGETHER, not alone. In the past 8 months I've learned just what a group of dedicated people can do if service is their motive. Our next meeting will be Wednesday, April 13, at 8:00 pm at the Nassau Intergroup Office. It will be our last meeting before Share-A-Day. Please join us; we still need your help. If you can't make the committee meeting please come to Share-A-Day on Saturday, April, 30 and enjoy the fellowship.

See you there.

Your AA brother,
Nightbook Chair,
[nightbook@nassauny-aa\(dot\)org](mailto:nightbook@nassauny-aa(dot)org)

25 And Counting

I am sitting here reflecting on my upcoming anniversary. It seems that every year about a month before my anniversary I start to get a little antsy. I am not sure why that happens. I think maybe it is the fact that I have a fear that I will not make it to my anniversary sober. Strange how this feeling overcomes me but there it is.

I also start to think about how it was for me when I first came into the program. I was sure I did not need the program. I drank daily and my life was totally out of control. Everything was crashing in on me. I drank daily but did not think that it was much of a problem. It was only when I was confronted with my drinking and taken to my first meeting that the light went on in my head. I sat in utter fear that someone other than the person who brought me to my first meeting would talk to me. I sat in the rooms for months never uttering a word or telling anyone my name. But I was not drinking and that was the good news.

One day at a meeting I heard my story and that very day I raised my hand and had to admit that I was an alcoholic. It was the hardest thing I ever did but I finally did it.

So much has changed in my life since I first walked into the rooms. I feel better about myself. I had a zero opinion about whom and what I was. That is not the case today.

In a couple of weeks I will be sitting in a room with my AA brothers and sisters celebrating my 25th anniversary. What a miracle. I have to thank my Higher Power and the person who first brought me into the rooms. I also have to thank all the people who have been a part of my recovery. Without the fellowship I don't know where I would be, certainly not where I am today.

Sincerely,
Beverly G

PROMISES WORKSHOP

WHEN: Saturday, April 9

10:30 am to 2:15 pm

WHERE: Grace Methodist Church

21 S Franklin Ave, 2nd Floor
Valley Stream

Enter: Corner of

S Franklin Ave and W Lincoln Ave

WHAT: Food, Fellowship,

Knowledge, and learning

WHO: Workshop presented by the
"Just for Today Group"
Of Valley Stream

From The DCMC- Nassau General Service Upcoming Events

- April 9th, SENY Pre-Conference Assembly:
St. Paul the Apostle Church,
Cedar Swamp Road (Route 107)
Doors open at 9:30 for breakfast
- April 18th, GSR Meeting: at Nassau Intergroup Office,
orientation for newcomers at 7:00 pm,
followed by regular meeting at 7:30 pm
- April 24th, Delegate's Questionnaire:
due to Delegate Susan F at SENY Office
- May 20th -22nd, North East Regional Forum:
Sturbridge, Massachusetts

Yours In Service,
DCMC
nassau@aaseny(dot)org

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