

Newsletter

Nassau Intergroup

of Alcoholics Anonymous

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JULY 2011

2011 Nassau Intergroup Picnic, Sunday, July 24, 8:00 AM to 5:00 PM



Eisenhower Park, Field 6A

Hempstead Tpke, East Meadow

Calendar of Events

All Meetings are held at the Intergroup Office unless otherwise noted

July

Jul 6 8:00 pm Institutions Committee
Simpson Methodist Church
Locust & Sunset, Amityville

Note: Time Change

Jul 7 7:00 pm Intergroup Rep's Orientation
7:30 pm Intergroup Rep's Meeting
Jul 11 8:00 pm Newsletter Committee
Jul 12 7:00 pm PI/CPC Committee
Jul 20 7:30 pm Web Site Committee
Jul 21 **Newsletter Deadline**
Jul 24 8:00 am **Annual Intergroup Picnic**
Eisenhower Park, Field 6A
Hempstead Tpke, East Meadow
Jul 28 7:30 pm Steering Committee

August

Aug 3 8:00 pm Institutions Committee
Simpson Methodist Church
Locust & Sunset, Amityville

Note: Time Change

Aug 4 7:00 pm Intergroup Rep's Orientation
7:30 pm Intergroup Rep's Meeting
Aug 8 8:00 pm Newsletter Committee
Aug 9 7:00 pm PI/CPC Committee
Aug 15 7:00 pm Nassau GSR Orientation
7:30 pm Nassau GSR Meeting
Aug 17 7:30 pm Web Site Committee
Aug 18 **Newsletter Deadline**
Aug 25 7:30 pm Steering Committee

WE ONLY LIST
AA MEETINGS

MEETING CHANGES

Lynbrook: Primary Purpose has changed the Thu 7:00 S to a BB, the Sun 7:00 B O to a Sat 7:00 B O and dropped the Tue 8:00 BB

Massapequa Park: Massapequa Sobriety has added a Thu 1:00 S; last Thu - Trad

Rockville Centre: RVC AM Group has changed the Tue 6:15 am C to a S, last Tue – Trad

Seaford: Primary Purpose of Seaford meeting incorrectly listed for Sun; actually meets on Sat at 7:00

Seaford: Seaford at Wantagh has changed their Wed 7:30 BB to 7:30 CD 2nd Wed BB, last Wed - Ann

NEW MEETINGS

Elmont: Grupo Volviendo Al Hogar meets at Belmont Race Track, Gate #6, Cottage 28B on Sun 7:00 CD

Elmont: Grupo Volviendo A Vivir meets at Belmont Race Track, Gate #6, Cottage 28B on Mon 7:00 OD

Great Neck: 11th Step Meditation Group meets at Global Harmony House, 46 S Middle Neck Rd on Sun 4:00 OD

Hempstead: Take Three Steps meets at the Salvation Army Bldg, 194 Front St on Thu 6:00 B Men's, S, O

Huntington Station: Sobriety First meets at United Methodist Church, West Hills Rd on Thu 6:00 C 1st week S

Long Beach: Sobriety After Work meets at Temple Israel, 305 Riverside Blvd on Wed 4:30 CD

Long Beach: Sunday Morning Meeting meets at Temple Israel of Long Beach, 70 E Park Ave, End of Riverside

Malverne: Gratitude Group has added a Tue 7:30 S Last Tue Tradition

Manhasset: Sober Spirits meets at St Ignatius Retreat House (rear), 251 Searingtown Rd on Mon 5:30 R, Wed 5:30 Meditation, Thu 5:30 S, Fri 5:30 BB

Rosedale: Sunrise Beginners now meets at Throop Memorial Presbyterian Church, 140-17 243rd St, Rosedale on Sat 9 am B

DELETIONS

Lynbrook: Primary Purpose has deleted the Tue 8:00 BB

Seaford: Gratitude Group Wed 8:30 C

From The Chair -

THE ONLY COPY OF THE "BIG BOOK"

This month Nassau Intergroup hosts its annual picnic in Eisenhower Park. (Our thanks to John K. for securing our permit with Nassau County.) On that occasion Alcoholics Anonymous will be on public display, each of us participating becoming perhaps the only copy of the "Big Book" a given member of the public may see. (Everyone around us may not know who we are, but many certainly will.) Any consideration or courtesy we show other users of the park, our respect for the park itself including how clean we leave the grounds when we go, will reflect on AA as a whole. Similarly, any misbehavior, any foul language we may use, not removing our cars from the grass when asked to, any trash we may leave behind when we go, will also reflect on all of AA.

Please keep this in mind as you enjoy yourself at our picnic. If we each mind our behavior and police our space before we leave (if you brought it in, either bring it out or place it in a proper trash receptacle when you leave), AA will be well represented.

The same holds true for how we handle ourselves in and around our local meeting places. I've been on hand as members cursed up a storm within earshot of a Rectory bedroom window, disturbed church neighbors, and when we left a trail of cigarette butts or coffee cups to mark our comings and goings. Groups have been asked to leave their meeting spaces, even after many years in a location, because of similar problem behavior. But it doesn't just reflect on those individuals or those meetings or groups. It reflects on AA as a whole because non-AAs do not distinguish between individual members - who we understand may still have recovery work to do—or our groups, or the fellowship as a whole or program of AA. We reflect our principles in action or we do not. How AA is seen publicly impacts our ability to help the drunk who still suffers.

In other matters, we are looking into options for our quarterly Exchange Meeting as the Garden City Community Church is developing new programs which may preclude our use of their space going forward. Watch this newsletter for more information as it develops. We expect to have a new site by the September 17th Exchange.

Hope this is helpful.

NIAA Chairperson,
chair@nassauny-aa(dot)org

From the First Vice Chair -

SPEAKER EXCHANGE

We are actively looking for a home for the speaker exchange meeting. If anyone has any suggestions on this please contact me. Thank you.

Yours in service,
First Vice Chair,
1stvice@nassauny-aa(dot)org

FROM THE SPECIAL NEEDS CHAIR -

SPECIAL NEEDS

As we come into the summer weather, it's important to remember alcoholism takes no vacation, time waits for no one, time marches on, and time takes its toll on everyone. Even though we live each day, a day at a time, we still need to plan various aspects of our life.

Since coming into the program, I have been prepared by having several back up people to ask as a sponsor, in case something happened to my sponsor, which occurred when his memory began failing. This is life, and alcoholism can be very patient, waiting for my guard to be down; for me to trip over a shoelace, or worse, my EGO. Since no one can guarantee their health in return they take out medical or life insurance. I ask you, as Dr Bob said, when he mentioned one of the reasons why he still goes to meetings, "to take out insurance."

The various Special Needs Committee's of AA, and especially Nassau's Special Needs Committee needs volunteers to help provide information, to those seeking help, due to eye sight, hearing, speech, age, (bringing meeting's into nursing homes, or somebody's house), and other obstacles, which could prevent people from even knowing about the message, or hearing the message on a steady basis.

Who is going to help YOU get the message, when you are no longer able to get to meetings, or are confined? WHO?? The time to begin is now. If not now, when??

Special Needs Chair,
specneeds@nassauny-aa(dot)org

From the Nightbook Chair -

NASSAU INTERGROUP

TELEPHONE ANSWERING SERVICE

I've been in AA for quite a while now and over this time and at the urging of good sponsors I've always held a commitment. However, it wasn't until a little over a year ago that upon reading the beginning of the 12 step for the thousandth time that it hit me....these words echoing in my head...

The joy of living is the theme of AAs twelfth step and action is its key word. Here we turn outward towards our fellow alcoholics who are still in distress....

All at once I realized that even though I was sober and doing well, volunteering at my home group or helping the newcomer, I wasn't giving my best. I looked around and sought out a commitment where I could be of maximum service to AA

What I found thank God was Nassau Intergroup. I soon learned that Nassau Intergroup needs our help. Members are needed during the day to answer the phones as well as groups are needed to volunteer to take the Night book. We desperately need groups to update their 12 step lists as well as their group officer lists. Please help us to help the still sick and suffering alcoholic when they reach out, after all these are our brothers and sisters who deserve the same chance at peace, hope and sobriety that AA and God has blessed us with. Get busy; get involved, you can make a big difference.

I'd like to thank the following groups for recently taking the Nightbook:

Early Risers Long Beach
Sober Start Sea Cliff
Massapequa Park
Sober Living Baldwin
Lynbrook Group
Point Lookout Group
East Meadow Group
Sobriety With Hope
East Rockaway
Seaford at Wantagh
Malverne Gratitude Group
Merrick Bellmore

Please remember...we are all responsible to carry this message.

Nightbook Chair,
nightbook@nassauny-aa(dot)org

From the Past DCMC -

THANK YOU

Thank you to the General Service Representatives of Nassau General Service for allowing me to attend the Northeast Regional Forum on your behalf!

Going back to Sturbridge, Massachusetts was a bittersweet moment...it is where I honeymooned twenty five years ago. Although not yet a full-blown alcoholic at the time, but well on my way to destruction, the marriage failed. So, going back to my home state as a sober person is a triumph, not just for me, but for the fellowship and program of Alcoholic Anonymous!

While visiting the Archives display, I was hoping to find a current local meeting list for my brother in a nearby town. Not finding what I wanted right away, I was ready to give up. Someone else had other plans...a young man from the host Area....mission accomplished.

Ward B Ewing, our AA Board Chairman welcomed us Friday night with his enthusiastic southern "Hi!" while Honorable Rogelio R Flores greeted us with a joyful "OLA". How blessed our fellowship is to have these non-alcoholic friends place their lives on the front lines in the fight against this disease. They too, hold the door of hope open for the still sick and suffering.

Our hard working AA staff deserves our gratitude for their tireless efforts. It must have taken the GSO General Manager and her staff months of work to execute such an organized, informative, and thoroughly enjoyable weekend. Presentations, workshops, ask-it-basket, open forum sessions, videos, recovery skit, and morning *Daily Reflection* meetings gave me a new appreciation for our behind the scene committees.

Our pride and joy - our trustees & delegates. During the Saturday evening ice-cream social, we bid adieu to our soft-spoken Northeast Regional Trustee, John K and in his stead, we welcomed a very funny fellow, Gary L, with a survival kit (which included a roll of toilet paper).

I had the pleasure to serve as a note-taker for the workshop "D.C.M.s - District Challenges, Anyone?" with the delegate from Area 70, Vermont. Throughout the weekend, our delegates answered questions, facilitated workshops, and made them available to everyone. Gold stars to our Grapevine staff, Executive Editor Publisher and Grapevine Board Director. Let us always treasure our meeting in print! And to all my fellow first-time forum attendees - it's groovy to ride the wave with you.

Past DCMC, Nassau General Service Group,
nassau@aaseny.org

SUNSET MEETING

ON THE BEACH

Boardwalk and Washington Ave,
Long Beach
Every Saturday at 7:00 pm Topic
Weather permitting.
Bring your own chair.



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