

## Intergroup Association of Nassau, Inc.

[www.nassauny-aa.org](http://www.nassauny-aa.org) or [info@nassauny-aa.org](mailto:info@nassauny-aa.org) or 516-292-3045

Intergroup has received a number of inquiries from members and groups concerning how we are responding and how they might respond to concerns with the challenge of COVID-19, the novel coronavirus.

Keeping in mind that we are neither medical nor public health experts or officials, that Intergroup neither directs nor tries to shape specific home group activities or practices, and that the situation is evolving, we offer the following.

- All groups are autonomous, and should take such actions as they deem fit in the face of current information. Where there are concerns, it may be helpful to review the available information and discuss the matter in your business meetings.
- Be alert to information, suggestions and requirements from governmental medical and public health officials as the situation develops. A short list of such resources is available for your information on our website.
- Intergroup is monitoring COVID-19 related developments, will respond as appropriate, and will comply with all governmental mandates as things evolve. Watch our website for new information.
- As they are reported, a current list of group meeting changes related to this matter is available on our website and through the Meeting Guide app. Report any changes to [meetinglist@nassauny-aa.org](mailto:meetinglist@nassauny-aa.org).
- At this time, the Intergroup office is closed, and all upcoming meetings, workshops and other Intergroup sponsored events are cancelled or postponed.
- Intergroup phones continue to be answered by AA members 24/7 through call forwarding as you may be familiar with from the Night Book service, and additional volunteers will be needed. Contact, [nightbook@nassauny-aa.org](mailto:nightbook@nassauny-aa.org) to volunteer.
- If you do not have one already, this may be a good time to establish a liaison for your group with your landlord be that a church, treatment center or other entity.
- As there may develop a perceived need to limit face to face AA gatherings or as groups may be forced to suspend their meetings, groups are encouraged to have contingency plans in place to help members stay connected including telephone lists, and information about telephone and online AA meetings.
- Information about telephone and online AA meetings is available at the back of our printed meeting list and on our website.
- Additional information including a communication concerning COVID-19 from AAWS/GSO is available on our website.
- Contact [info@nassauny-aa.org](mailto:info@nassauny-aa.org) with questions, concerns and to share your experience.

There is no need to panic or over-react, but prudence and faith are appropriate now as always.

Intergroup Association of Nassau, Steering Committee  
18 March 2020

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## Resources for Responding to the Challenges of COVID-19

The following may be useful resources in the face of evolving developments with COVID-19, the novel coronavirus as we face the challenge of keeping the AA message available to all who need it.

### Information about AA's response

#### Intergroup Association of Nassau, Inc.

[www.nassauny-aa.org](http://www.nassauny-aa.org) or [info@nassauny-aa.org](mailto:info@nassauny-aa.org)

Information about changes to the scheduling of local AA activities including Intergroup events and home group meeting changes as reported to Intergroup, and other sharing. Also check the **Meeting Guide** app for changes to scheduled AA meetings.

Report temporary meeting closings to [meetinglist@nassauny-aa.org](mailto:meetinglist@nassauny-aa.org).

Volunteer to help Intergroup keep the phones open 24/7 via call forwarding. Contact, [nightbook@nassauny-aa.org](mailto:nightbook@nassauny-aa.org).

#### Nassau General Service Group (NGSG)

Information about events scheduled by NGSG and its response to COVID-19, go to, [www.aanassaugs-ny.org](http://www.aanassaugs-ny.org) or [dcmc@nassau.aaseny.org](mailto:dcmc@nassau.aaseny.org).

#### South Eastern NY AA (SENY)

For information about events scheduled by SENY and its response to COVID-19, go to, [www.aaseny.org](http://www.aaseny.org) or [chair@aaseny.org](mailto:chair@aaseny.org).

#### AA World Services, Inc./General Service Office

For information about events scheduled by **AAWS/GSO** and its response to COVID-19, go to, [www.aa.org](http://www.aa.org) or tel. 212-870-3400. A memo from GSO on COVID-19 is available on both the GSO and the Intergroup websites.

### AA Meeting Resources

Should individuals or groups feel they would like or need an alternative to face to face meetings, the following may be useful.

#### Sober Voices Group— Telephone based AA meetings

Tel. #712-432-0075 (May be a toll call.); Pass Code: 654443#  
Daily, 12PM & 10PM; Friday and Saturday, 12AM; all EST

#### Online Intergroup of AA (OIAA)— Listings of online AA meetings

[www.aa-intergroup.org](http://www.aa-intergroup.org)

#### Intergroup Association of AA of New York

[www.nyintergroup.org](http://www.nyintergroup.org) > "How to set up a remote AA meeting"

Resources and help for creating remote meetings with Google Hangouts, Zoom and FreeConferenceCall.com with step by step instructions.

### Health and Public Health Information Resources

(Non-AA governmental resources offered for information only.)

Federal Centers for Disease Control and Prevention (CDC), [www.cdc.gov](http://www.cdc.gov)

New York State Department of Health, [www.health.ny.gov/](http://www.health.ny.gov/)

Nassau County Health Department, [www.nassaucountyny.gov/1652/Health-Department](http://www.nassaucountyny.gov/1652/Health-Department)