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To place an article in this Newsletter, call Editors at (516) 292.3045 or eMail: newsletter@nassauny-aa(dot)org

September 2008



SPEAKER EXCHANGE MEETING

SEPTEMBER 20TH 7:30AM

GARDEN CITY COMMUNITY CHURCH

245 STEWART AVENUE, GARDEN CITY, NY 11530

CALENDAR OF EVENTS

All Meetings are held at the Intergroup Office unless otherwise noted

<u>September</u>			<u>October</u>		
Sep 3	8:00 pm	Institutions Committee Simpson Methodist Church Locust and Sunset, Amityville	Oct 1	8:00 pm	Institutions Committee Simpson Methodist Church Locust and Sunset, Amityville
Sep 4	7:30 pm	Intergroup Rep's Orientation	Oct 2	7:30 pm	Intergroup Rep's Orientation
	8:00 pm	Intergroup Rep's Meeting Garden City Community Church Stewart Ave & Whitehall Blvd		8:00 pm	Intergroup Rep's Meeting Garden City Community Church Stewart Ave & Whitehall Blvd
Sep 9	7:00 pm	PI/CPC Committee	Oct 9	8:00 pm	Share-A-Day Committee
Sep 10	8:00 pm	Share-A-Day Committee	Oct 13	7:00 pm	PI/CPC Committee
Sep 11	7:00 pm	Special Needs Committee	Oct 15	7:30 pm	WebSite Committee
Sep 17	7:30 pm	WebSite Committee	Oct 20	7:00 pm	General Service Rep's Orientation
Sep 18		Newsletter DeadLine		7:30 pm	General Service Rep's Meeting Nassau Intergroup Office 361 Hempstead Tpke, W Hemp
Sep 20	7:30 am	Speaker Exchange Garden City Community Church Stewart Ave & Whitehall Blvd	Oct 23		Newsletter DeadLine
Sep 25	7:30 pm	Steering Committee	Oct 30	7:30 pm	Steering Committee

No GSR Meeting in September

WE LIST ONLY AA MEETINGS

MEETING CHANGES

Douglaston: Fresh Start Group has added a Sun 7:15pm BB mtg

Farmingdale: Sunday at the Park Group last Sun is now an OD mtg

Hicksville: Easy Does It- (Correction from meeting list) meets at Holy Trinity Epis Ch, 130 Jerusalem Ave (Corner of Jerusalem & Old Country Rd), also Sun 6:15pm BB and 7:30 O mtgs are consolidated into one mtg 7:00pm Sun BB/S/Ann

Little Neck: Little Neck/Douglaston Group now meets at Community Ch of Douglaston, 39-50 Douglaston Pkwy

Manhasset: Manhasset Group has added a Tue 7:30 pm woman's CD and a Wed 7:30 pm BB

Merrick: Stepping Stones Group now meets on the ground floor in Saint Michael's room

West Hempstead: Decision Group has changed its Tue 8:15pm CD meeting to an 8:15pm YP and dropped the last Fri 7:00pm CD meeting

Westbury: The Right Place Grp Mon 7:30pm BB now meets on Tue at 7:15pm; last Tue Ann

NEW MEETINGS

Bellmore: Only Booze meets at 7:30pm CD Bellmore Pres Ch, Rambo Hall, Bellmore Ave and Martin Ave

Manhasset: The 11th Step Meditation Group meets at 10:00am, Tue Children welcome, Shelter Rock Church, 626 Plandome Rd

DELETIONS

Hicksville: Primary Purpose Group: no longer meets

Hicksville: Step by Step Group: no longer meets

Locust Valley: Sound Sobriety: no longer meets

Oceanside: New Young People's Meeting: no longer meets

Oyster Bay: Starting Again: no longer meets

Rosedale: Circle of Serenity: no longer meets

West Hempstead: Came to Believe no longer meets

PHONE VOLUNTEERS:

If you have at least 6 months of Sobriety and are interested in answering phones at Nassau Intergroup,

CONTACT: the Office Coordinator:
(516) 292-3045

From the Chair

Dear Friends:

As the summer *slowly* draws to an end, I hope you all have been blessed with some learning experiences, also known as growing pains, (good or not so good) which will help encourage someone else along their way (I know I certainly have). Everything I GROW through is just a little more experience I have to share with someone else God will place in my path.

September kind of marks a new beginning, the start of a new season, the preparation of moving into action (doing something differently). As I was looking for direction with this month's article, I found the following excerpt, which comes from the book *Emotional Sobriety the Next Frontier*, page 63, entitled **A Program of Action**.

"It is easy to let up on the spiritual program of action and rest on our laurels. We are headed for trouble if we do, for alcohol is a subtle foe. We are not cured of alcoholism. What we really have is a daily reprieve contingent on the maintenance of our spiritual condition." - Alcoholics Anonymous, p. 85.

Saying that AA is a program of action is perhaps another way of saying it's a program of solutions. Of course we have problems – all human beings do – but we've been given a practical toolkit to help us stay sober in the face of all sorts of challenges. We take action by going to meetings and giving service, by putting the Steps to work in our lives, by reaching out to our fellow AA members, by healing relationships with family and friends, and by connecting with a higher power of our understanding. In these ways, we begin to look for solutions rather than focusing on problems and find we can live peacefully, happily, and to good purpose in the world.

If you need to re-commit yourself to AA, TODAY is your day to TAKE ACTION. Don't wait! Come on; be an ACTIVE member of Alcoholics Anonymous... there truly is a difference.

Happy Anniversary to all of our September celebrants! Fortunately for me, because of God's Grace, I am one of the September celebrants celebrating 16 ACTIVE years of sobriety. Thank you all for showing me the way.

Blessed to Serve,
Intergroup Chairperson
chair@nassauny-aa(dot)org

MEETING LIST CHANGES

All meeting list changes MUST be submitted on one of Nassau Intergroup's "Meeting List Changes" forms. These can be picked up from the office or downloaded from the web site. No changes will be posted to either the web site, the printed meeting list or included in the monthly newsletter from phone calls, eMail messages, or letters (even if on group letterhead).

In addition to the background information on the top third of the page, both the upper grid "as it currently appears" and the lower grid "as it SHOULD appear", must be completed.

Once the form has been completely, legibly and accurately filled out, it can either be dropped off at the office during the day, submitted at an Intergroup Reps meeting, or mailed to the office.

The change will then be included in the next several issues of the Newsletter, get posted on the web site within a couple of weeks and included in the next printed edition of the meeting list.

Thank you for your cooperation in trying to make our meeting information as accurate as it possibly can be.

In love and service,
Meeting List Chair

meetinglist@nassauny-aa(dot)org

SERVICE OPPORTUNITIES

SPECIAL NEEDS

Interested in helping
physically challenged alcoholics,
or other alcoholics with special needs,
then come to the Special Needs Committee
meeting on September 11th,
and the 2nd Thursday of December.

Please contact:

specialneeds@nassauny-aa(dot)org

CORRECTIONS CORRESPONDENCE

Volunteers are needed to help those who need to have a PEN-PAL connection with A.A.'s outside of correctional facilities. If interested please call 292-3045 and leave your information. All mailings are handled through a PO Box.

12 STEP CONTACT LIST

If you are a member of a group PLEASE make sure there is an up to date 12 step contact list on file with Nassau Intergroup. These lists are used to carry the message of AA.

Remember our (your) primary purpose!

NIGHT BOOK

Night book is going great...We're booked up until the end of Sep. We can do together what we cannot do alone!

Well, this month I'm going to be celebrating 23 years of sobriety and a whole new way of life. I didn't know you could be born twice, but that's exactly what happened. I want to mention my first year sponsor that I recently heard had passed. Thank you Alice O for passing on the AA message to me. I remember you were a tough lady and used to call me a pigeon. When I was "feeling" a little better at 6 months, I asked why the old-timers called us newbie's "pigeons", and you responded "Cause they sh_t all over you and then they fly away". I must remember how much I dealt out and help the next sick and suffering.

Groups that volunteered for August

North Bellmore Group

RVC New Beginnings Group

Mineola Live at 5 Group

Manhasset Early Cup of Sobriety Group

Long Beach New Beginnings/RVC Discussion
Groups

Yours in love and service,

NightBook Chair

nightbook@nassauny-aa(dot)org

eMail Addresses

NASSAU INTERGROUP OFFICERS

Chairperson.....chair@nassauny-aa(dot)org

1st Vice Chr.....vicechairs@nassauny-aa(dot)org

2nd Vice Chr.....vicechairs@nassauny-aa(dot)org

Secretary.....secretary@nassauny-aa(dot)org

Treasurer.....treasurer@nassauny-aa(dot)org

NASSAU INTERGROUP COMMITTEE CHAIRS

Archives.....archives@nassauny-aa(dot)org

Books/Literature.....literature@nassauny-a.org

CPC.....cpc@nassauny-aa(dot)org

Corrections.....corrections@nassauny-aaa(dot)org

Financial Review.....finance@nassauny-aa(dot)org

Institutions.....institutions@nassauny-aa(dot)org

Meeting List.....meetinglist@nassauny-aa(dot)org

Newsletter.....newsletter@nassauny-aa(dot)org

Night Book.....nightbook@nassauny-aa(dot)org

Office Manager.....officemanager@nassauny-a.org

Program Chair Sec.....seclist@nassauny-aa(dot)org

Public Information....publicInfo@nassauny-aa(dot)org

Share-A-Day.....shareaday@nassauny-aa(dot)org

Speakers Exchange.....

.....speakersexchange@nassauny-aa(dot)org

Special Needs.....specneeds@nassauny-aa(dot)org

Web Site.....webcommittee@nassauny-aa(dot)org

12th Step List.....12thstep@nassauny-aa(dot)org

Nassau DCMC.....nassau@aaseny(dot)org

From the Treasurer:

The Treasurer's Job

It's hard to believe that almost two years have passed since Nassau last elected its Intergroup officers, that rotation time is upon us again. Rotation in AA service is an important principle. It helps keep our involvement fresh, our energies intact and our participation humble. No AA has a lock on any service function. We do our work in the spirit of the Traditions, trying to remember our primary purpose.

With an eye toward rotation at the end of this year, I promised to offer some details of just what the Nassau Intergroup treasurer does. Here it is.

The Nassau Intergroup Treasurer:

- Has overall responsibility for receiving all contributions and other income, for making bank deposits, paying obligations, managing transfers among NI accounts and maintaining related records for NI information, review and audit.
- Makes a periodic consolidated report on NI finances including specific account information to the NI Steering Committee and Representatives Meeting.
- Cooperates with the Financial Review Committee in its oversight of NI finances and in its preparation of the annual budget recommendation.
- Provides support to officers and standing committees in managing budgets.
- Assures preparation and submission of annual income and expense statements with IRS and State, and completion and distribution of any required 1099 forms (Federal income report) in consultation with the accountant.
- Provides consultative support to AA groups on matters of financial management and AA principles related to finance as possible.

It sounds like a lot, but it's quite doable and even fun. Anyone interested in standing for the treasurer's job next month, feel free to ask me any questions.

In other matters, I had the privilege last month to participate in a treasurer's workshop hosted by the Suffolk Intergroup Association at their offices in Patchogue. They had a good turnout, and some interesting presentations and discussion. We need to talk more about the Seventh Tradition and how we bring it to life day to day. Well done Suffolk!

I remain available to come to your group if there is any AA finance/treasurer topic on which I can provide information.

In service,
Treasurer
treasurer@nassauny-aa(dot)org

PUBLIC INFORMATION /

CO-OPERATING WITH THE PROFESSIONAL COMMUNITY

One of the purposes of this committee is to provide requested speakers and literature to schools, the professional community, health fairs and various community organizations. These commitments are filled thru intergroup (via PI/CPC). Following this procedure insures that AA is being represented properly and allows us to provide the necessary resources to enhance the presentation. If you, or anyone you know is doing such a commitment, please be sure it is supported through intergroup.

Thank you
Public Information Chair/
CPC Chair
pi@nassauny-aa(dot)org, cpc@nassauny-aa(dot)org

General Service News

Last month Nassau General Service Group (NGSG) held its first county inventory. Members suggested we include discussion on the Twelve Traditions and/or Twelve Concepts for World Service, maybe provide refreshments at our meetings; consider taking an hour commitment at an Alkathon or offer to cover the night book. Some General Service Representatives (GSR's) said they felt overwhelmed by the amount of information to absorb, or how and what they should report back at their group's business meetings. A couple members felt the meetings uninteresting. At subsequent county meetings efforts will be made to implement some of these suggestions as well as continued discussion about the inventory itself. Thanks to our Nassau Intergroup Chair and Nassau Intergroup Treasurer for facilitating and recording our inventory.

This year's Conference reports are now available to groups and will be given to GSR's/DCM's at the SENY Election Assembly (see below) to bring back to their groups. These reports are for A.A. members only and are designated Confidential due to the use of last names and addresses. Everything you ever wanted to know about Alcoholics Anonymous including finances and any changes etc., are in this report.

On September 13th NGSG is expecting 200 or more A.A. members to converge at the Garden City Community Church, 245 Stewart Avenue, Garden City for the SENY Election Assembly, 10:00am – 3:00pm. This is a day long process and I'm hopeful many of our GSR's will be there to vote in our 2009/2010 SENY officers, as well as help with set up/clean up, make coffee, greet people and so on. We also welcome interested A.A. members to join us on the day. Later in October, NGSG too will be electing its new slate of officers.

Finally, Unity Breakfast tickets were distributed to your group's GSR last month. All tables are pre-seated on a first come basis and monies received. Tickets are limited to 350 people. If you would like to purchase a ticket at \$20.00 each, please see your group's GSR or contact the Unity Breakfast chair c/o nassau@aaseny(dot)org. Our guest speaker is Robin B, Executive Editor of the A.A. Grapevine. I know we will give Robin a warm Nassau welcome on December 14th.

Together We Can,
DCMC Nassau,
nassau@aaseny(dot)org
