

Newsletter

Nassau Intergroup

of Alcoholics Anonymous

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AUGUST 2011

Calendar of Events

All Meetings are held at the Intergroup Office unless otherwise noted

AUGUST

- | | | |
|--------|---------|---|
| Aug 3 | 8:00 pm | Institutions Committee
Simpson Methodist Church
Locust & Sunset, Amityville |
| Aug 4 | 7:00 pm | Intergroup Rep's Orientation |
| | 7:30 pm | Intergroup Rep's Meeting |
| Aug 8 | 8:00 pm | Newsletter Committee |
| Aug 8 | 8:15 pm | LICYPAA Committee
South Oaks Chapel
400 Sunrise Hgwy, Amityville |
| Aug 9 | 7:00 pm | PI/CPC Committee |
| Aug 15 | 7:00 pm | Nassau GSR Orientation |
| | 7:30 pm | Nassau GSR Meeting |
| Aug 17 | 7:30 pm | Web Site Committee |
| Aug 18 | | Newsletter Deadline |
| Aug 25 | 7:30 pm | Steering Committee |

SEPTEMBER

- | | | |
|--------|---------|---|
| Sep 1 | 7:00 pm | Intergroup Rep's Orientation |
| | 7:30 pm | Intergroup Rep's Meeting |
| Sep 7 | 8:00 pm | Institutions Committee
Simpson Methodist Church
Locust & Sunset, Amityville |
| Sep 8 | 8:00 pm | Special Needs Committee |
| Sep 12 | 8:00 pm | Newsletter Committee |
| Sep 12 | 8:15 pm | LICYPAA Committee
South Oaks Chapel
400 Sunrise Hgwy, Amityville |
| Sep 13 | 7:00 pm | PI/CPC Committee |
| Sep 15 | | Newsletter Deadline |
| Sep 18 | 7:30 am | Speakers Exchange Meeting
Garden City Community Church
245 Stewart Ave, Garden City |
| Sep 21 | 7:30 pm | Web Site Committee |
| Sep 29 | 7:30 pm | Steering Committee |

We Only List AA Meetings

MEETING CHANGES

Hicksville: Monday Nite BB has changed their Mon 7:30 BB to an OBB

Lynbrook: Primary Purpose has changed the Thu 7:00 S to a BB, the Sun 7:00 B O to a Sat 7:00 B O and dropped the Tue 8:00 BB

Massapequa: Extravagant Promises has moved the Sun 7:30 to Mon at 7:30

Massapequa Park: Massapequa Sobriety has added a Thu 1:00 S; last Thu - Trad

Rockville Centre: RVC AM Group has changed the Tue 6:15 am C to a S, last Tue – Trad

Seaford: Primary Purpose of Seaford meeting incorrectly listed for Sun; actually meets on Sat at 7:00

Seaford: Seaford at Wantagh has changed their Wed 7:30 BB to 7:30 CD 2nd Wed BB, last Wed - Ann

NEW MEETINGS

Elmont: Grupo Volviendo Al Hogar meets at Belmont Race Track, Gate #6, Cottage 28B on Sun 7:00 CD

Elmont: Grupo Volviendo A Vivir meets at Belmont Race Track, Gate #6, Cottage 28B on Mon 7:00 OD

Great Neck: 11th Step Meditation Group meets at Global Harmony House, 46 S Middle Neck Rd on Sun 4:00 OD

Hempstead: Take Three Steps meets at the Salvation Army Bldg, 194 Front St on Thu 6:00 B Men's, S, O

Huntington Station: Sobriety First meets at United Methodist Church, West Hills Rd on Thu 6:00 C 1st week S

Long Beach: Sobriety After Work meets at Temple Israel, 305 Riverside Blvd on Wed 4:30 CD

Long Beach: Sunday Morning Meeting now meets at Temple Israel of Long Beach, 305 Riverside Blvd

Malverne: Gratitude Group has added a Tue 7:30 S Last Tue Tradition and designated the last Thu 7:30 CD for Anniversaries

Manhasset: Good Morning God meets at St Ignatius Retreat House (rear), 251 Seasingtown Rd on Thu 10:30am C

Manhasset: Sober Spirits meets at St Ignatius Retreat House (rear), 251 Seasingtown Rd on Mon 5:30 "Daily Reflections", Wed 5:30 Meditation, Thu 5:30 S, Fri 5:30 BB

Rosedale: Sunrise Beginners meets at Throop Memorial Presbyterian Church, 140-17 243rd St, Rosedale on Sat 9 am B

Syosset: Deliverance Group has added a Fri 7:30 CD

DELETIONS

Lynbrook: Primary Purpose has dropped the Tue 8:00 BB

Seaford: Gratitude Group has dropped their Wed 8:30 C

Westbury: New Cassel We Care Too has dropped their Tue 7:30 B

From The Chair -

WELCOMING THE NEWCOMER

There is a good article from the March 1991 AA Grapevine titled, "Who's Sitting Next to You?" (You can find it in The Best of the Grapevine, Vol. 5, pp. 69-72.) It's a reflection by a member with a few years of recovery who finds herself a bit out of sorts (hungry, lonely and tired) and in need of a meeting as she travels away from home. She visits a random local AA group.

At the meeting there is strong talk of fellowship from the front of the room, but she experiences little. She admits she doesn't put her hand out or identify herself as being from out-of-town to invite a welcome. She's a bit too into herself perhaps. She isn't acknowledged in any way by the locals. She skips the meeting after the meeting and returns alone to her hotel room where she goes on to reflect on, among other things, what it might have been like for her had she been a newcomer and that had been her first meeting, or if she had been a bit more desperate emotionally or spiritually.

Give some thought to how you welcome the newcomer or that occasional other stranger in your home group. He or she may not be willing or able to invite your notice, but, new to AA or a traveling old-timer, needs and deserves our fellowship. Some groups have greeters while others invite first time attendees and travelers to say hello. Whatever the local custom, remember the newcomer or stranger in our midst. It may be you.

Hope this is helpful.

NIAA Chairperson,
chair@nassauny-aa(dot)org

From the First Vice Chair -

DOING SERVICE WITH OUR FRIENDS

On Saturday, July 16, 2011 I had the honor and the privilege to represent AA at an Al-Anon picnic at Jones Beach.

This was put together by the Westchester Al-Anon Family Group District 25/26 and was called Beach Bash.

My new friends made me feel welcome. The day was a complete success; there was a moment that was sent by my Higher Power.

While one of the Al-Anon speakers were sharing a young lady walk up to the circle and ask if this was an Al-Anon meeting. Of course the leader said yes and invited her to join. As it turned out this was her 1st Al-Anon meeting and she was from Westchester, WOW!!

Yours in service,
First Vice Chair,
1stvice@nassauny-aa(dot)org

From the Treasurer -

CONTRIBUTIONS TO NASSAU INTERGROUP

***Our Seventh Tradition States:
Every A.A. group ought to be fully
self-supporting, declining outside
contributions.***

“Our spiritual way of life is safe for future generations if, as a Society, we resist the temptation to receive money from the outside world. But this leaves us with a responsibility - one that every member ought to understand. We cannot skimp when the treasurer of our group passes the hat. Our groups, our areas, and A.A. as a whole will not function unless our services are sufficient and their bills are paid.”

Bill W, 1957

CONTRIBUTIONS MAY TO JULY 2011

NASSAU INTERGROUP

Amity Open Door, Area 49 SENY, Attitude Adjustment, Back Door Friends, Bayville Triangle, Berry Hill Discussion, Brookville-Muttontown, But Do It, Caring and Sharing, Cold Spring Harbor, County Seat, Deliverance, Dumping Grounds, Early Cup of Sobriety, Early Riser, East Rockaway Group, Friday AM Wantagh, Friday Night Live, Garden City Group, Glen Head Group, New Beginnings, Hicksville Group, Hicksville Reflections, Discovery Group, Hope, Just For Today, Kings Point, Life Line, Lost Weekend, Manhasset, New Life, East Meadow, No Bellmore , No Bellmore Group A, No Frills, One Day at a Time, One O'clock Sobriety, Pace Group, Rockville Center AM Group, Roosevelt We Care, Seaford Gratitude, Serenity At Noon, Serenity By The Sea , Serenity Group, Serenity Together, Sober Start, Glen Cove, Sobriety For Seniors, Solution Group Lawrence Cedarhurst Group, Glen Cove Sunday Reflections Group, Tell It Like It Is, Thank God It's Friday, The Talks In Sobriety, Turnpike Group, Wantagh Friday Morning Group, We Care too, West End High Noon

Thanks to all the groups for your contributions. Together we can continue to make AA available for its members.

Nassau Intergroup Treasurer,
treasurer@nassauny-aa(dot)org

From the DCMC -

“We” is an important word in our program and fellowship. For Nassau County groups, it represents a reminder that we can accomplish more working together toward our primary purpose than on our own. Nassau Intergroup provides a collection of services with which you are probably familiar, including speaker exchange, the meeting book, and the 24 hour hotline. And Nassau General Service provides the opportunity to communicate each group's conscience with A.A. as a whole, and communication between A.A. as a whole and individual groups. Both service organizations offer opportunities to contribute to our primary purpose in a wide variety of ways, all of which (and either of which) are available to groups and members.

Groups in our county are fortunate to have these two organizations to support them. By elect-

ing an Intergroup Representative, your group is able to participate in Intergroup activities and services. By electing a General Service Representative, your group is connected to A.A. and registered with our General Services Office, and able to vote on important A.A. issues such as whether to publish specific literature, pamphlets, and videos. Your GSR also has an important role in electing A.A.'s trusted servants at all levels.

Your Intergroup Representative & General Service Representative are the eyes and ears and mouth for your group to other groups in Nassau County. Please give them your support and your attention, by making sure both positions are filled and also by taking time to for them to report at your business meetings.

In love & service,
DCMC, Nassau General Service Group
nassau@aaseny(dot)org

Fellowship

ALCOHOLICS ANONYMOUS IS A FELLOWSHIP OF MEN AND WOMEN.....

I heard this at the very first meeting I attended in Brooklyn NY in 1996. I had no idea what it meant and honestly nor did I care, I heard about the meeting before the meeting and the meeting after the meeting. I was not having any part of that, no one was getting to know me and worse I had no desire to get to know you.

Honestly I wanted nothing to do with "You People"

One day at a time passed, and I was sober 5 years (eight years later). I had a relationship with my sponsor, worked on my steps, but had not formed any friendships.

I knew this was missing from my program; I recognized and could identify the feeling of "lonely".

I found myself at a meeting in Westbury on a Friday night; I was welcomed so warmly, I thought I might be ready to do this fellowship thing. I attended that meeting for several years, I declared it my home group. I did the meeting after the meeting, I did the diner, I did service, I took commitments, I was even asked to sponsor someone.

Well needless to say my recovery took off. I actually knew the feeling of Happy Joyous and Free.

I have since moved and have found a new home group and "You People" are there too.

I have found the most extraordinary relationships with people in the rooms of AA; frankly it is beyond my wildest dreams. I am so grateful for this gift.

I have learned to love myself "One Day At A Time" but most of all what a gift it is to love others.

Today my life is full of "You People"

AHHHHH the Promises.

Cathy A
Newsletter Committee Member Valley Stream

My Anniversary

August 5th will be my 57th birthday and 14 ½ years of sober birthdays. This is one of my best birthdays.

I came into AA 21 years old in November 1975. I got a sponsor, home group, and made coffee for 6 months. I spoke at meetings and made some effort to do the steps. We even made 12 step house calls.

I went out for 18 years on August 1978. I tried some controlled drinking. I was homeless, lost jobs, and in and out of detoxes. I woke up in January 1997 got involved in the Big Book and the steps and started to mature spiritually and mentally. I became closer to my Higher Power.

I moved back to Nassau County October 2004 where I really got into the program. I came to love playing guitar, dancing at AA parties, dining out, and learning the computer.

I must say that it's great to have another sober birthday. I will continue to carry the message to other alcoholics.

Sincerely,
Tom S
Newsletter Committee Member
Hicksville

eMail Addresses

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